

Manito and Cannon Hill Park Loop

Manito Park, originally named “Montrose Park,” has been the primary garden showplace in Spokane since 1903. The park originally played host to a zoo among other family-friendly activities. Manito means “spirit of nature”. This 90-acre park offers manicured lawns, flowers, topiary shrubs, a greenhouse conservatory, playgrounds, plus swans, geese, ducks and so much more. Pets and bikes are prohibited in both Japanese and Duncan gardens; pets are allowed and must be on a leash in all other areas of the park. In the wintertime, the hill near Grand turns into a popular sledding hill.

Route type: Paved paths, sidewalks

Distance: 2.4 miles (entire loop)

Steps: 4,800

Time: 41 minutes

Calories: 202

Difficulty rating: 1 2 3 4 5
Easy Difficult



Manito Park Amenities

- 1 Joel E Ferris Perennial Garden
- 2 Gaiser Conservatory Greenhouse
- 3 Duncan Gardens & fountain
- 4 Rose Hill Garden
- 5 Nishinomiya Japanese Gardens
- 6 Duck Pond
- 7 Sundial

Cannon Hill Park Amenities

- FREE parking
- Restrooms
- Playground
- Pond

