

Spokane Regional Health District issued a health advisory to inform school personnel of the public health risks posed to children and young people by the marketing, sale and use of vaping devices (e-cigarettes).

To read the full advisory, please go to: <http://srhd.org/tobacco-retailers/>



It is recommended that school personnel:

Act to Protect Youth.

- If not done already, adjust pre-existing tobacco-free policies to include newer products
- In accordance with applicable school policies, confiscate devices and ensure further measures are taken, such as informational classes for student and families that caution against the dangers of vaping
- Host an event to raise educators' and/or families' awareness about the prevalence of vaping devices in schools and their known health effects.

Educate, Advise Young Children and Adolescents.

- Educate adolescents and parents about these products:
 - They contain nicotine, which is highly-addictive and toxic
 - Increases in vaping-related poisonings, especially to children.
- Advise that these products are especially harmful to adolescents.
- Advise and warn vaping device users about toxicity of these products to themselves and those subjected to secondhand emissions.
- Access educational materials and anti-vaping flyers at srhd.org

Educate About Clean Indoor Air.

- Educate adolescents and parents to take steps to protect themselves from exposure to vaping emissions.

Encourage Cessation.

- Current smokers and vaping device users should be advised to quit and offered support.
- Refer users to local, state and national cessation resources listed on Spokane Regional Health District's website here: srhd.org/topics/cessation.asp

Protect Children from Nicotine Poisoning.

- Inform parents and vaping device users that vaping device cartridges and e-juice bottles are a potential source of poisoning through ingestion, skin or eye contact. Advise families to store these materials out of the reach of children, away from medications, and call the Washington Poison Center at 1-800-222-1222 for expert help in case of accidental exposure.

Promote Health Literacy: Educate about Misleading Marketing.

- Educate parents and vaping device users about misleading advertising and labeling.
- Educate adolescents, parents and others about unknown ingredients.