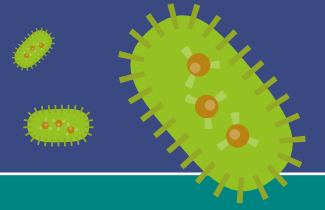


WHAT AM I SICK WITH?



	COVID-19 <i>(CORONAVIRUS)</i>	FLU <i>(INFLUENZA)</i>	COMMON COLD	RSV <i>RESPIRATORY SYNCYTIAL VIRUS</i>	STOMACH VIRUS
Description	Caused by a coronavirus called SARS-CoV-2. Symptoms can be mild to severe and generally appear 2 - 14 days after exposure.	Influenza is caused by influenza A and B viruses. Symptoms usually appear about 1-4 days after exposure and come on suddenly and primarily affect the lungs and sinuses.	Also referred to as a head-cold or upper respiratory infection. Caused by a number of different viruses, but rhinoviruses are the most common. Usually comes on gradually.	Respiratory syncytial (sin-SISH-uhl) virus (RSV) is a respiratory virus that can affect people of all ages. Symptoms typically affect the lungs and sinuses and appear in 4 – 6 days.	Sometimes misnamed “stomach flu.”* Usually caused by a virus, often norovirus. Also called gastroenteritis. Usually comes on suddenly.
Fever	Common, but not always present.	Common; can last 3-4 days	Rare in adults and older children but infants and small children could have a slight fever	Common, but not always present	Sometimes
Chills	Common	Common	Uncommon	Sometimes	Sometimes
Loss of Taste or Smell	Sometimes	Rare	Sometimes due to stuffy nose	Never	Never
Headache	Common	Sudden onset, can be severe	Rare	Rare	Sometimes
Muscle Aches	Common	Usual, often severe	Slight	Sometimes	Sometimes
Tiredness/Weakness	Common	Usual	Sometimes	Sometimes	Sometimes
Extreme Exhaustion	Common	Sudden onset, can be severe	Sometimes	No	No
Congestion	Common	Sometimes	Common	Common	No
Sneezing	Rarely	Sometimes	Common	Common	No
Sore Throat	Common	Sometimes	Common	Sometimes	No
Cough	Common	Common, can be severe	Mild to moderate, hacking	Common	No
Vomiting/Diarrhea	Sometimes	Sometimes, especially in children	Sometimes	Never, but may cause decrease in appetite	Yes



*This is not a form of influenza virus nor can the influenza vaccine protect against it. // Spokane Regional Health District assures nondiscrimination in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act. For more information, visit www.srhd.org. For more information, or to request reasonable accommodations or language translations or to file a complaint, contact 509.324.1501.