



Spokane Regional Health District · www.srhd.org



Spokane Counts 2015

A summary of 59 selected public health indicators

Diabetes (Adult)

Health Status



Indicator: Diabetes (Adults)

Definition: Percent of adults who have been diagnosed with diabetes.

Why this is important: Diabetes is a disease that can have serious complications, such as blindness, kidney damage, and lower-limb amputation. In Spokane County, diabetes was the seventh leading cause of death in 2013. Appropriate diagnosis, care, and management of the disease can lower the risk of complications.

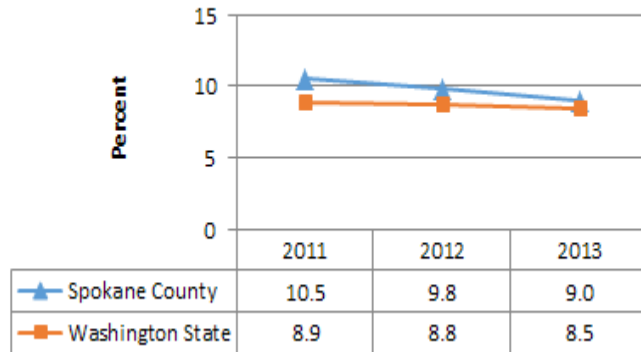
Where we are: In 2013 in Spokane County, 9% of adults reported having diabetes. The proportion of adults with diabetes was stable from 2011 to 2013. Spokane County had a proportion of adult diabetes similar to that of Washington state in 2013.

Health Disparities:

Among adults in Spokane County in 2013:

- Diabetes increased as age increased.

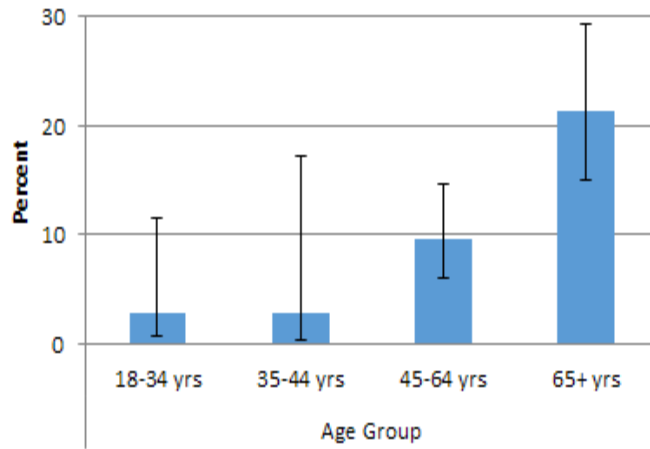
Adult Diabetes Over Time



(click to enlarge)

There was no difference in diabetes by race, education level, income, or between males and females.

Disparities in Adult Diabetes
Spokane County, 2013



(click to enlarge)

	Data Source	BRFSS, 2013
Geography	Spokane County	9.0% (6.7-12.0)
	Washington state	8.5% (7.9-9.2)
	United States	Not Available
	Trend	11-13 No Trend
Age	Adults	
	18-34 yrs	2.9% (0.7-11.6)
	35-44 yrs	2.8% (0.4-17.3)
	45-64 yrs	9.6% (6.1-14.7)
	65+ yrs	21.3% (15.0-29.3)
Sex	Male	9.1% (5.9-13.9)
	Female	8.8% (5.9-13.0)
Race		2011-2013
	White	9.8% (8.1-11.8)
	Non-white	11.6% (5.6-22.3)
Education	< High school	*
	High school	8.5% (5.2-13.6)
	Some college	10.3% (6.1-16.7)
	College graduate	5.5% (3.3-9.1)

Income	<\$25,000	10.4% (6.3-16.7)
	\$25,000-\$49,999	11.7% (7.0-19.0)
	\$50,000+	6.1% (3.2-11.4)

*=suppressed due to small numbers

Data Source: Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/SO000047-1 through 3 (2011-2013). Calculations and presentation of data by Spokane Regional Health District, Data Center.

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Demographics

Indicator Overview

Executive Summary

Performance Measures