# Spokane Regional Health District School Health and Safety Self-Inspection Worksheet K-12 Schools

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ڌ	Principal:		Pre-inspection items:
tio	Enrollment:		Injury & illness reports/trends reviewed
E.	Grade Span:		Recent routine and reinspection reports reviewed
General Infor	List any future cor	struction – playgrounds, portables, building updates, etc.:	Closing conference held with:

#### **Office Area**

Please review all items on this checklist and apply all applicable (**bolded type**) requirements (WAC/code) and (not bolded type) standards/best practices during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the checklist and include the location and status if known. Item and page numbers are taken from the 2024 revised DOH/OSPI Health & Safety Guide for K-12 Schools in Washington State.

	Item No.	Page No.	Requirement (WAC/code) or Standard/Best Practice	In Compliance?	Comments/Observations (If NO is checked explain below)
5	C-002	19	Safe drop-off/pick-up locations must be provided for students	Yes No N/A	
Ent	C-002a	19	Post no-idle zones in student drop-off areas		
School Entry	C-001	19	Safety glass must be installed in display cases, doors, etc.	Yes No N/A	
Sc	F-010	37	Walk off mats should be in place at all entrances; cleaned routinely/replaced as necessary	Yes No N/A	
Plans	K-001	60	Copy of updated laboratory & science room chemical inventories should be in main office	Yes No N/A	
ૐ	K-002	60	Copy of written & updated chemical hygiene plan for laboratory or science rooms should be in main office	Yes No N/A	
Office Records	K-054	73	Laboratory & science room floor plan must be in main office or on Critical Incident Planning and Mapping System (CIPMS)	Yes  No  N/A	
Q.	F-016	38	Schools should have a written IAQ Management Plan.	Yes No N/A	
Health Room	<b>C-006</b> C-006a C-007	20	First aid kit must be readily accessible and properly sized and stocked. Supplies in cabinets/drawers labeled Reference K-12 Guide: C-006a & C-007 for more information	Yes  No  N/A	
Healt	C-008	20	Cots must be non-absorbent; bedding must be laundered or discarded after each use	Yes No N/A	

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C-009	21	Medications must be kept in locked storage (except emergency & student administered medications)	Yes No N/A	
C-009a	21	Disposal of medications & vape pens per ECY rules	Yes No N/A	
C-020	23	Health room patients should be visible to staff	Yes No N/A	
M-012	90	Biohazard labelled sharps container accessible to users	Yes No N/A	

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### Classrooms/Library

Please review this checklist in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the checklist and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

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	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
	B-001	15	Buildings must be kept clean & in good repair	Yes No N/A	
ie ie	B-006	16	Buildings/premises must be kept free of insects, rodents, and other pests	Yes No N/A	
General	B-007	16	Hazardous chemicals (e.g., products labeled "Keep out of Reach of Children") must be properly labeled & kept inaccessible to students.	Yes  No  N/A	
	B-008	16	Storage areas for belongings & classroom equipment must be sufficient & accessible	Yes No N/A	
	D-003	26	Water must clear drinking fountain nozzle	Yes No N/A	
Plumbing	D-004	27	Back-flow preventers required on faucets with threaded, serrated, quick-coupling nozzles to prevent cross-contamination of the drinking water supply	Yes No N/A	
	D-005	27	Soap (powder, foam or liquid) must be provided at hand washing sinks	Yes No N/A	
	D-006	27	Single-service towels or warm air dryers (not recommended) must be provided	Yes No N/A	
	D-007	27	Toilet paper must be adjacent to each fixture	Yes 🗌 No 🗌 N/A 📗	
	D-009	27	Water temperature must not exceed 120° F (95°F - 105°F for comfort)	Yes No N/A	
	D-010	28	Self-closing faucets run for a minimum 10 seconds	Yes 🗌 No 🗌 N/A 📗	
Electrical	C-021	23	Outlets within 6 ft. of sinks & grounding sources must be GFI protected. Extension cord use must be minimized & not pose a tripping hazard.	Yes  No  N/A	
	C-031	25	Electrical cord use complies with L&I rules, not a trip hazard	Yes  No  N/A	

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	I-004	50	Lighting must be adequate with all lights on (See prior inspection report, check for burned out bulbs, locate desks in well-lit areas, or use light meter to verify at least 30 foot-candles)	Yes 🗌 No 🗌 N/A 📗	
Lighting	I-004a	50	Fixture covers that reduce light below 30 foot-candles only permitted in special needs rooms, unless reading or doing fine work. Covers meet fire code.	Yes 🗌 No 🗌 N/A 📗	
	I-006	51	Emergency exit lights must remain on	Yes 🗌 No 🗌 N/A 📗	
	I-008a	51	Task lighting does not pose a trip hazard	Yes 🗌 No 🗌 N/A 📗	
	F-012	37	All rooms must be free of objectionable odors, excessive heat and condensation (air fresheners, candles, high VOC markers, etc. are discouraged)	Yes  No  N/A	
dw	F-012a	37	Fabric upholstered furniture (couches, chairs, large pillows, etc.) should be avoided	Yes No N/A	
on & Te	F-008	36	Minimum classroom temperature 65°F (ASHRAE recommends maximum 80°F)	Yes  No  N/A	
Ventilation & Temp	F-001	34	All rooms free of odors, excessive heat and condensation. Contaminants controlled by local mechanical exhaust ventilation approved by SRHD (eg. for 3D printer, laminators, printers, etc.)	Yes  No  N/A	
	R-011	115	Proper ventilation must be provided for equipment, materials and activities producing vapors (kilns, 3D printers, GloForges, printers, lead soldering, paints, glues, solvents, etc.)	Yes 🗌 No 🗌 N/A 📗	
	C-011	21	Paper cutters should have finger guards & safety latches	Yes No N/A	
	C-014	22	Coat hooks should not create a protrusion hazard	Yes No N/A	
	C-016	22	AV equipment & heavy movable items stored on shelves are secured to the carts/shelves stored on	Yes 🗌 No 🗌 N/A 📗	
Safety	C-017	22	Lockers and tall/unstable bookshelves over 4 feet high should be secured to prevent tipping. Bookshelves should not be double stacked.	Yes No N/A	
Sa	C-029	25	No trip hazards such as electrical cords, loose rugs or tiles	Yes No N/A	
	C-030	25	Emergency exits/doors kept clear of desks, items, materials	Yes No N/A	
	J-005	56	Food service, prep and storage in classrooms, Family & Consumer Science rooms, etc. follow food safety practices	Yes No N/A	

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School:	
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nspector:	

# **General Building/Custodial/Restrooms**

Please review this checklist in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the checklist and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
pplies	B-007	16	Hazardous chemicals (e.g., products labeled "Keep out of Reach of Children") must be properly labeled & kept inaccessible to students.  Reference K-12 Guide: B-007 for more information	Yes No N/A	
g Sı	C-003	19	Safety Data Sheets available & current; chemicals labelled	Yes 🗌 No 🗌 N/A 📗	
Cleaning Supplies	C-004	19	Custodial closets, boiler rooms & other areas where poisonous compounds are kept must be locked	Yes No N/A	
0	C-005	19	Flammable liquids > 10 gals. must be stored in approved flammable storage cabinets	Yes No N/A	
Electrical	C-021	23	Outlets within 6 ft. of sinks & grounding sources must be GFI protected. Extension cord use minimized.	Yes No N/A	
Elec	C-022	23	Electrical panels must be unblocked (30" W x 78"H clear area) & properly labeled	Yes No N/A	
	I-001	50	Lighting must be adequate in toilet areas, storerooms & corridors (See prior inspection report, check for burned out bulbs, or use light meter to verify at least 10 foot-candles)	Yes No N/A	
Lighting	I-002	50	Cafeteria lighting minimum 20 foot-candles.	Yes 🗌 No 🗌 N/A 📗	
Ligh	I-006	51	Emergency exit lights must remain on	Yes No N/A	
	I-010	52	PCB fluorescent light ballasts inspected for leaks/removed	Yes No N/A	
	I-012 I-013	52	Proper disposal of fluorescent bulbs &PCB ballasts per ECY	Yes No N/A	
Temp	F-008 G-001	36 41	All classrooms must maintain a minimum room temperature 65° F (Should not exceed 79° F)	Yes No N/A	
Ventilati on	F-012	37	All rooms must be free of objectionable odors, excessive heat and condensation (air fresheners, candles, high VOC markers, etc. are discouraged)	Yes No N/A	

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	R-011	115	Proper ventilation must be provided for equipment, materials and activities producing vapors (kilns, 3D printers, GloForges, printers, lead soldering, paints, glues, solvents, etc.)	Yes
	F-013	38	Ozone generators should not be used in occupied areas	Yes
	F-011	37	Vacuum cleaners should be equipped with HEPA filters	Yes No N/A
	G-020	44	Carbon monoxide monitors installed in mechanical rooms & occupied zones where gas combustion appliances are in use (mechanical rooms, etc.)	Yes No N/A
	D-001	26	Plumbing must be sized, installed, maintained and properly functioning	Yes No N/A
	D-003	26	Water must clear the drinking fountain nozzle	Yes No N/A
<b>b0</b>	D-004	27	Back-flow preventers required on taps with threaded, serrated, quick-coupling nozzles (custodial closets, mop sinks, etc.) to prevent cross-contamination of the drinking water supply	Yes No N/A
Plumbing	D-005	27	Soap (liquid, foam, powdered) must be provided at handwashing sinks	Yes
Plu	D-006	27	Single-service towels or warm air dryers (not recommended) must be provided	Yes No N/A
	D-007	27	Toilet paper must be adjacent to each toilet fixture	Yes No N/A
	D-009	27	Water temperature must not exceed 120° F (95°F - 105°F for comfort)	Yes No N/A
	D-010	28	Self-closing faucets must provide at least 10 seconds of water flow	Yes No N/A
	B-001	15	Buildings must be kept clean & in good repair	Yes No N/A
	B-004	15	Stairways/steps must have handrails & non-slip treads	Yes No N/A
	B-005	16	Floors must be easily cleanable	Yes No N/A
_	B-006	16	Buildings/premises must be kept free of insects, rodents, & other pests	Yes No N/A
General	B-008	16	Storage areas for belongings & classroom equipment must be sufficient & accessible	Yes
	C-010	21	Radiators & steam/hot water pipes in student areas must be shielded	Yes
	C-017	22	Lockers & tall/unstable bookshelves > 4 ft. high secured to prevent tipping. Bookshelves should not be double stacked.	Yes No N/A
	C-030	25	Emergency exits/doors kept clear of desks, items, materials	Yes

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#### **Animals in the Classroom**

Please review this checklist in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the checklist and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

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	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
	O-001	99	School designee (e.g., principal, administrator) should be notified before student-animal interactions. Inappropriate animals excluded (venomous, strays, etc.)	Yes No N/A	
	O-002	99	Parents should be notified if animals will be kept in classroom or interacted with on a field trip (eg. petting zoo) due to allergy/indoor air quality issues  Reference K-12 Guide: O-001a for more information	Yes No N/A	
	O-003	100	Animals should be kept in cages & handled in designated area with impervious & cleanable surfaces	Yes No N/A	
	O-004	100	Cages should be lockable & cleaned daily by staff (or supervised by staff)	Yes No N/A	
	O-005	100	Animals should be handled under adult supervision. Bite resistant gloves should be worn	Yes No N/A	
Animals in the Classroom	O-005	100	Everyone handling animals (including bedding, cages, etc.) & reptiles (snakes, lizards, turtles) should wash their hands to prevent infectious diseases. A "Hand Wash" sign should be posted.  Reference K-12 Guide: O-006 & O-015 for more information	Yes No N/A	
nimals in	O-008	101	Heat lamps should be kept away from flammable bedding. Extension cords meet NEC codes and are not used for heat lamps	Yes No N/A	
◀	O-009	101	Wild animals should not be allowed in the classroom – all animals should have appropriate vaccinations	Yes No N/A	
· ·	O-010	102	Aquarium tanks should be on a sturdy stand & cleaned regularly – water should be disposed of in custodial sink, not classroom sink used for food prep, drinking or hand washing	Yes No N/A	
	0-011	102	Animal bites must be reported to school nurse & SRHD	Yes 🗌 No 🗌 N/A 📗	
	O-012	102	Animals – after school/weekend care	Yes No N/A	
	O-013	103	Hook billed birds not recommended & should not be handled by children	Yes No N/A	
	O-016	104	Supervision, signage & handwashing should be provided whenever students interact with animals at petting zoos/exhibits –food & drink should be prohibited Reference K-12 Guide: O-014 for more information	Yes No N/A	

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	O-017	105	Service animals complying with state law allowed in schools (dogs & miniature horses)	Yes No N/A	
	O-018	105	If therapy animals allowed by school then policies/procedures for training/health/safety in place	Yes No N/A	
See	See appendix E for additional recommendations.				

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#### **Laboratories & Science Classrooms**

Please review this worksheet in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the worksheet and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

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	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
ecords	K-001	60	Updated chemical inventory of all chemicals must be on-hand	Yes No N/A	
Office Records & Plans	K-002	60	Chemical hygiene plan must be in place, updated & reviewed annually	Yes No N/A	
	K-007	61	Emergency eye wash stations must be activated weekly. Emergency eye wash/shower stations must be tested annually. Tests must be documented on site.	Yes No N/A	
	K-024	65	Chemical hygiene officer or department chair must maintain a written maintenance & operation program for hoods, emergency eyewash/showers & other mechanical equipment	Yes  No  N/A	
Rules	K-027	66	No food & drink for consumption allowed in labs & science rooms; food in lab fridge labeled "not for human consumption"	Yes No N/A	
	K-048	72	Jewelry should not be worn	Yes No N/A	
	K-049	72	Loose hair should be restrained	Yes 🗌 No 🗌 N/A 🗍	
	K-050	72	Laboratory should have chemical spill clean-up plan in place & spill clean-up kit available	Yes No N/A	
	K-061	75	SDS for all chemicals must be up to date & available	Yes No N/A	
Training	K-052	73	A written & documented safety orientation for students & staff must be provided (including Chemical Hygiene Plan)	Yes No N/A	
ive	K-044	71	Instructors must wear proper eye protection & personal protective equipment per L&I requirements	Yes No N/A	
Personal Protective Equipment	K-045	71	Students must wear proper eye protection & personal protective equipment	Yes No N/A	
sonal	K-057	74	Lab coats must be fire retardant	Yes No N/A	
Per	K-065	75	Shoes must be closed toe	Yes No N/A	

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	K-064	75	Appropriate gloves worn – matched to hazard	Yes
	K-003	60	Emergency eyewash & showers must be provided when using corrosives, strong irritants or (skin) toxic chemicals & located within 50 feet/10 seconds of all workstations & kept unblocked (Reference: DOSH Directive 13.00)	Yes No N/A
	K-004	61	Emergency showers must deliver water over entire body (20 gal	Yes
	K-005	61	Emergency eye wash & showers must operate hands free & be handicap accessible	Yes
SI	K-006	61	Emergency eyewash stations must have the required flow (0.4 gal/minute @ 30 psi for 15 minutes)	Yes
y Item	K-025	66	Directional signs to electrical & gas shutoffs & other safety items should be provided	Yes No N/A
Emergency Items	K-026	66	Invisible hazard signage must be posted when applicable (e.g. radiation, chemical, electrical, laser, heat)	Yes No N/A
	K-046	72	Non-asbestos fire blanket should be readily available if needed	Yes
	K-047	72	Safety shields should be used at demonstration table if risk of explosion exists	Yes
	K-053	73	Emergency phone must be readily available	Yes No N/A
	K-055	73	Fire extinguishers must be provided (ABC type), accessible & staff trained to use properly	Yes No N/A
	K-056	73	Fire alarm systems must be provided – alarm pull stations must be identified & accessible	Yes No N/A
	K-062	75	First aid kit must be readily accessible & properly stocked	Yes No N/A
Lighting	I-005	50	Lighting must be adequate with all lights on (See prior inspection report, check for burned out bulbs, locate desks & workstations in well-lit areas, or use light meter to verify at least 50 foot-candles)	Yes No N/A
	I-008	51	Shadows must be minimized	Yes No N/A
	K-013	63	Only approved heating devices allowed in laboratory/storerooms	Yes
Electrical	K-014	63	Outlets within 6 ft. of sinks & grounding sources must be GFI protected. Includes fume hoods with a cup sink & water faucet.	Yes
	K-015	64	Electrical equipment must be properly grounded	Yes No N/A
	K-016	64	Extension cords must have proper wire size & be UL listed	Yes No N/A

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	K-067	75	Electrical panels must be unblocked (30" W x 78"H clear area) & properly labeled	Yes No N/A
	F-001	36	Airborne contaminants controlled by local mechanical exhaust ventilation approved by SRHD	Yes No N/A
Ventilation	F-002	36	Increased ventilation must be provided in labs/chemical areas (20 cfm of fresh air per person) Reference K-12 Guide: K-008 for more information	Yes No N/A
	K-010 F-004	63 35	Increased on-demand mechanical ventilation must be provided as needed for control of air contaminants	Yes No N/A
	K-017	64	Demonstration fume hoods must be available & used as required	Yes No N/A
	K-017a	64	Double-door fume hood with access from classroom and chemical prep room has locks on sashes and cabinet doors to prevent access to prep room	Yes No N/A
	K-018	64	Fume hoods must meet AHERA requirements	Yes No N/A
poc	K-019	64	Chemicals should not be stored in fume hoods (evaporation of non-hazardous waste in properly labeled beaker OK)	Yes No N/A
Fume Hood	K-020	64	Fume hoods must vent fumes & vapors properly to the outside	Yes No N/A
	K-021	65	Fume hood air velocity tested quarterly to operate within 80-125 lfm and documented; max door height for 80 lfm marked on sash & should be open at least 12 inches with this flow	Yes No N/A
	K-022	65	Fume hoods must be used when students use harmful chemicals per SDS (carcinogens, toxics, etc.)	Yes No N/A
	K-023	65	Only explosion-proof electrical devices may be used in fume hoods (switches, lights, motors, etc.)	Yes No N/A
Hand Washing	K-066	75	A hand washing sink with soap & towels must be available in lab &/or science rooms	Yes No N/A
Plumbing	D-004	27	Faucets with serrated faucets and attached tubing must be equipped with backflow preventers	Yes No N/A
Plui	D-009	27	Sink water temperature must not exceed 120°F	Yes No N/A
Chem ical	K-051	73	Waste disposal must be appropriate (not down drains or in garbage can)	Yes No N/A

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	K-068	76	Mercury barometers must be disposed per ECY regulations	Yes No N/A
	K-069	76	Ethidium bromide is hazardous to handle – wear PPE. Dispose as hazardous waste.	Yes No N/A
ens	Section O	98	Refer to <i>Animals in the Classroom</i> Inspection Worksheet (above)	Yes No N/A
Animals & Specimens	K-074	76	Owl pellets for dissection must be purchased sterilized. Wash hands & clean surfaces after use.	Yes No N/A
nals &	K-075	77	Animals for dissection purchased reliable supply sources, not found dead	Yes No N/A
Anin	K-076	78	Preserved/stuffed animals not handled by students (toxic preservatives – mercury & arsenic)	Yes No N/A
	K-028	66	Chemical storeroom doors must be self-closing & lockable	Yes No N/A
	K-029	67	Chemical storerooms should be neat, clean, adequately sized & organized	Yes No N/A
	K-030	67	Shelving should be sturdy, properly secured & equipped with earthquake lips	Yes No N/A
	K-031	67	Chemicals should be stored at or below eye level (5'); heavy objects stored low	Yes No N/A
<u>60</u>	K-032	67	Chemical storage areas should be kept cool (55-80°F) & dry (RH 30-60%)	Yes No N/A
Handlin	K-033	67	Chemicals stored per compatible groups (corrosive, flammable, reactive, toxins - eg. using Flinn system)	Yes No N/A
Chemical Storage & Handling	K-034	68	Chemicals must be organized & stored using a recognizable & safe system to separate incompatible chemicals (eg. Flinn, Baker, etc.)	Yes No N/A
emical 9	K-035	68	Chemicals marked only with teacher codes not stored long term	Yes No N/A
5	K-036	68	Flammables > 10 gals. must be stored in approved flammable cabinets; flammables must be stored separately from acids & bases; flammable waste containers emptied daily	Yes No N/A
	K-037	69	No mercury allowed in schools(except barometers)	Yes No N/A
	K-038	69	Appropriate chemical use for grade level, no use of banned chemicals - refer to DOH School Chemical Database	Yes No N/A
	K-039	69	Chemicals should be purchased in small amounts – dated & inventoried upon receipt	Yes No N/A

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K-040	70	Chemicals should be dispensed to students in small amounts and low concentrations	Yes No No N/A	
K-041	70	Separate shelf for water-reactive compounds (elemental Li, Na, K, Mg & Ca); organic peroxides not appropriate for K-12	Yes No N/A	
K-042	70	Acids stored in seperate cabinet; inorganic (HCl, sulfuric, phosphoric, etc.) from organic (acetic); nitric stored separately from all other acids	Yes No N/A	
K-043	71	Flammable-rated refrigerators must be used to store flammable chemicals	Yes No N/A	
K-051	73	Proper waste disposal must be followed per ECY	Yes No N/A	
K-058 K-058a	74	Formaldehyde use is prohibited (biology specimens ≤ 3.5%)	Yes No N/A	
K-059	74	Biology specimens must be stored in sealed containers; specimens stored in liquid preservative must not be accessible	Yes No N/A	
K-060	74	Glassware should be free of cracks, chips & other defects	Yes No N/A	
K-063	75	All containers must be labeled (including non- hazardous eg. water containers)	Yes No N/A	

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nspection	Date:		
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### Athletics (Gymnasiums, Weight Rooms, Etc.)

Please review this worksheet in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the worksheet and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

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	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
	D-011	28	Showers for grades 9-12 Physical Education classes must be provided. Hot water temperature must be between 100°F to 120°F	Yes No N/A	
ooms	D-013	28	Shower room floors & walls must be smooth, easily cleanable & water impervious	Yes No N/A	
Locker Rooms	D-014	28	Flooring in locker room must be non-slip Reference K-12 Guide: D-012 for more information	Yes No N/A	
2	D-015	28	Locker/dressing room walls must be smooth & easily washable	Yes No N/A	
	D-016	28	School supplied towels must be laundered after each use	Yes No N/A	
Ventilation	F-012	37	All rooms must be free of objectionable odors, excessive heat & condensation (air fresheners, candles, high VOC markers, etc. are discouraged)	Yes No N/A	
Temp	G-001	41	Gym temperature must be maintained at least 60° F	Yes No N/A	
Lighting	I-002	49	Lighting must be adequate with all lights on (See prior inspection report, check for burned out bulbs, or use light meter to verify at least 20 foot-candles)	Yes No N/A	
ij	I-014	54	Broken/unshielded metal halide & mercury vapor lights can cause eye/skin burns – replace with LED lights	Yes No N/A	
	C-012	21	Safety warning strip should be installed 2 ft. from edge of stage/platform > 4 ft. high	Yes No N/A	
fety	C-017	22	Lockers > 4 feet high should be secured to prevent tipping	Yes No N/A	
General Safety	C-018	22	Walls, doors & posts behind backboards & volleyball posts should be padded	Yes No N/A	
Gené	C-019	23	Padding behind backboards in gyms should be ≤ 4 inches from the floor	Yes No N/A	
	M-011	90	Mats for wrestling, weightlifting, etc., must have unbroken surface, be easily cleanable & have tears repaired asap	Yes No N/A	

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S-001	120	ECP/BBP provisions apply to students – follow WIAA rules	Yes
S-002	120	All athletic facilities comply with manufacturer instructions & WIAA rules	Yes
S-003	120	Baseball diamond bases break-away	Yes No N/A
S-004	120	Movable soccer goals secured	Yes No N/A
S-005	121	Equipment inspected/maintained per manufacturer (cables, belts, etc.)	Yes
S-005a	121	Equipment/mats conform with ASTM standards	Yes No N/A
S-006	121	Walls, doors, posts behind basketball hoops padded per ASTM F2240; pads extend 4" to 6 ' above floor; volleyball posts padded	Yes No N/A
S-006a	121	Traversing climbing wall adequate floor padding; cover handholds when not in use	Yes No N/A
S-006c	122	Weightlifting, gym equipment intact, cleanable surfaces. Tears repaired ASAP	Yes No N/A
S-006d	122	Foam pits meet ECY guidance to reduce toxic chemical exposures	Yes No N/A
S-007	122	Documented safety training & supervision	Yes No N/A
S-008	122	Proper physical conditioning before athletic activities	Yes No N/A
S-009	122	Documented safety training & supervision	Yes No N/A
S-010	123	Trained first aid personnel must be readily available for classes, practices & events	Yes
S-013	123	Follow WASBO guidance for AED placement	Yes No N/A
S-014	124	New playing surface systems meet ASTM F355 for impact attenuation	Yes
S-015	124	All new artificial turf meets ASTM F2765	Yes No N/A
S-016	124	Restrooms available for after-school activities	Yes No N/A
S-017	124	Bleacher Safety	Yes
S-018	124	Sports hot/cold soak tubs drained/cleaned between uses	Yes No N/A
S-019	124	DOH guidance used to protect students during PE, recess, athletics from fine particulate pollution	Yes No N/A
S-020	125	WIAA guidance used for athletics during high heat events	Yes No N/A

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School:	
Address:	
nspection Date:	
nspector:	-

#### Career & Technical Education Areas (includes Art Rooms, Craft Rooms, Home Economics, Performing Arts, Photography, and Shops)

Please review this worksheet in its entirety and apply all applicable recommendations and requirements during the inspection of these areas. Items in bold are required. In some cases, only a few of the items below may be relevant. Please note any issues that need to be addressed or corrected in the *Comments/Observations* section of the worksheet and include the location and status if known. Item and page numbers are taken from the DOH/OSPI Health & Safety Guide for K-12 Schools in Washington.

	Item No.	Page No.	Requirement/Recommendation	In Compliance?	Comments/Observations (If NO is checked explain below)
	L-003	79	Floors must be clean & free of oil, saw dust, etc.	Yes No N/A	
Floors	L-003	79	Floors in operator use zone must be non-slip	Yes No N/A	
<b>E</b>	L-004	79	Floors must be free of slip, fall & trip hazards. Safety zones ≥ 2 foot for user must be properly marked	Yes No N/A	
	L-012	80	Material storage must be adequate & safe per WISHA	Yes No N/A	
e e	L-017	81	Project storage must be adequate & safe	Yes 🗌 No 🗌 N/A 📗	
Storage	L-028 L-028a R-011c	84 85 116	Flammables > 10 gals. in approved locked storage with self- closing doors; Flammable waste containers disposed daily	Yes No N/A	
	L-029	85	Solvent tanks must be equipped with a lid with fusible links. Lid must be kept closed when not in use	Yes No N/A	
	L-005 L-007	79 80	Power & hand tools maintained/safe; UL listed hand tools	Yes No N/A	
	L-006	80	Machine guards must be properly maintained & properly adjusted	Yes No N/A	
slo	L-008	80	Safety jack stands must be available and used as needed	Yes No N/A	
Tools	L-011	80	Unstable equipment must be properly secured to floor or bench to prevent tipping (e.g., drill presses, band saws, lathes, grinders, etc.)	Yes No N/A	
	L-019	82	Grinders must have safety shields in place, tool rests adjusted to ≤ 1/8" from wheel and spark arresters ≤ 1/16" from wheel	Yes No N/A	
	K-048	72	Jewelry should not be worn	Yes No N/A	
Rules	K-049	72	Loose hair should be restrained	Yes 🗌 No 🗌 N/A 📗	
R	<b>L-009</b> L-023	80 83	Shop safety signs & rules must be prominently displayed (e.g. "Wear Eye Protection")	Yes No N/A	

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	L-010	80	Machinery/equipment must be provided with operating instructions posted on or near equipment	Yes
	L-016	81	Non-asbestos fire blanket should be readily available if needed; training on proper use = roll on ground	Yes
	L-018	82	Emergency eyewash & showers must be located within 50 feet/10 seconds of workstations & kept unblocked Reference K-12 Guide: K-003 for more information & DOSH Directive 13.00	Yes No N/A
	L-018a	82	Eyewash activated weekly; eyewash/shower tested annually; keep written documentation	Yes No N/A
	K-005	61	Emergency eye wash & showers must operate hands free & be handicap accessible	Yes
	K-053	73	Emergency phone must be readily available	Yes No N/A
fety	L-020 R-012	83 116	Proper eye protection must be provided & used as required in shops & visual arts Reference K-12 Guide: R-012 for more information	Yes No N/A
ncy/sa	L-024	83	Master shut-offs for gas & water required & electric (highly recommended) provided & labeled	Yes No N/A
Emergency/safety	L-042	87	Energy control procedures used for equipment not in use (ie. lock-out, tag-out)	Yes
	R-014	117	PPE and training for applicable art media	Yes
	R-014a	117	Eye & glove PPE for stained glass work; ventilation & Pb free solder for soldering	Yes No N/A
	R-014b	117	PPE for glass etching with ammonium bifluoride	Yes No N/A
	R-014c	117	Hydrofluoric (HF) acid not used in K-12 schools	Yes No N/A
	<b>C-006</b> C-006a	20	<b>First aid kit must be readily accessible,</b> properly sized & stocked	Yes
	K-066	75	Hand washing sink must be available with soap & towels	Yes No N/A
	L-002	79	Thorough student safety training should be provided & documented	Yes No N/A
te	L-014	81	Hazardous waste must be stored, labeled, & disposed of properly	Yes
Waste	L-015	81	Waste oil disposed/stored properly (labels, closing funnels, spill pad on top, secondary containment); spills cleaned up promptly	Yes No N/A
Electrical	C-021	23	Outlets within 6 ft. of sinks & grounding sources must be GFI protected. Extension cord use must be minimized & not pose a tripping hazard	Yes No N/A

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	L-013	80	Electrical panels must be unblocked (30" W x 78"H clear area) & properly labeled	Yes
	L-021	83	Mechanical ventilation must be provided for arc & gas welding	Yes No N/A
Ventilation	L-035	86	Adequate sawdust collection systems; combustible dust not accumulate or be blown off students with compressed air	Yes No N/A
	R-011	115	Proper exhaust ventilation must be provided for kilns, soldering, paints, glues, forges, 3D and laser printers & materials producing vapors	Yes No N/A
	F-002	34	Increased ventilation must be provided in shops/dark rooms/chemical areas (20 cfm of fresh air per person) Reference K-12 Guide: K-008 for more information	Yes No N/A
	F-004	35	Increased on-demand mechanical ventilation must be provided as needed for control of air contaminants Reference K-12 Guide: K-010 for more information	Yes No N/A
	L-031	85	Flammable finish area & paint spray room must be separated from other rooms & equipped with proper filters, ventilation, & lighting	Yes No N/A
	L-032	85	Filters in paint spray room must be changed at proper intervals	Yes No N/A
Area	L-033	85	Only Class 1 electrical & electrical devices shall be used in flammable finish areas	Yes No N/A
Painting Area	L-037	86	All chemicals, solvents, etc. inventoried annually; list at office	Yes
Pe	L-038	86	SDS for all hazardous materials	Yes No N/A
	L-039	87	No halogenated cutting fluids, adhesives or tapping oils (eg. perc, tric, etc.)	Yes No N/A
	L-041	87	Prevent asbestos fiber exposure for auto brake & clutch replacement	Yes No N/A
	L-022	83	Welding curtains or shields must be provided & have no holes or tears	Yes No N/A
Jing	L-025	84	Gas cylinders must be properly maintained/stored (e.g. chained)	Yes
Welding	L-026	84	Gas welding/cutting area must comply with UFC & WISHA requirements; proper eye shields must be provided	Yes
	L-027	84	Protective equipment must be installed in fuel gas piping to prevent O <sub>2</sub> backflow, flashback & back pressure	Yes
ا ت ا	L-036 H-003	86 46	Noise levels must not exceed 65 dBA maximum with exhaust ventilation on (CTE rooms built after 1/1/90)	Yes No N/A
Sound	H-004	46	No CTE student exposed to sustained noise ≥ 115 dBA for ≥ 1 sec without hearing protection	Yes No N/A

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	H-005	46	Hearing protection provided as needed	Yes No N/A	
	R-007	114	Sound in music rooms complies with regulation	Yes 🗌 No 🗌 N/A 📗	
ing	I-003 I-004	49 50	Lighting must be adequate with all lights on (See prior inspection report, check for burned out bulbs, or use light meter to verify at least 30 foot-candles in food storage areas)	Yes 🗌 No 🗌 N/A 🗍	
	I-005	50	Lighting must be adequate with all lights on (See prior inspection report, check for burned out bulbs, or use light meter to verify at least 50 foot-candles in CTE – shops, sewing, art, food preparation (using knives & equipment))	Yes 🗌 No 🗌 N/A 🗍	
Lighting	I-006	51	Theater egress lighting must meet requirements (≥ 0.2 foot-candles during performance & ≥ 1 foot-candle during emergency exiting)	Yes 🗌 No 🗌 N/A 📗	
	R-008	114	Black Box Theaters – meet egress lighting, 30 foot-candles if used as classroom	Yes 🗌 No 🗌 N/A 📗	
	I-008	51	Shadows must be minimized	Yes 🗌 No 🗌 N/A 🗍	
	I-008a	51	Task lighting not a trip hazard	Yes 🗌 No 🗌 N/A 🗍	
	C-013	22	Stage catwalks, rigging, pits, etc., must meet L&I & fire codes – exits open, railings, proper storage	Yes 🗌 No 🗌 N/A 📗	
	R-001	113	Visual arts rooms have sinks for hand washing and cleaning equipment, tools, etc.	Yes 🗌 No 🗌 N/A 📗	
	R-003	113	Piano & heavy instruments should be on rollers	Yes 🗌 No 🗌 N/A 📗	
	R-004	113	Resilient flooring & balance rails should be provided in dance facilities	Yes 🗌 No 🗌 N/A 📗	
S	R-005	113	Safety glass mirrors should be provided in dance areas	Yes 🗌 No 🗌 N/A 📗	
ing Art	R-008	114	Black box exits must comply with fire/bldg. codes (signs/lighting)	Yes No N/A	
orm	R-009	114	Storage for costumes & uniforms should be adequate	Yes 🗌 No 🗌 N/A 📗	
Visual & Performing Arts	R-010	114	Set construction area must meet all relevant shop requirements Reference K-12 Guide: Section L - CTE for more information	Yes No N/A	
Vis	R-010a	115	No use of spray polyurethane foam	Yes No N/A	
	R-011a	115	No use of spray adhesives (contain toluene)	Yes No N/A	
	R-011b	115	Avoid use of solvent paint thinners – use odorless thinners or mineral spirits	Yes No N/A	
	R-013 R-013a	116 116	Premixed clay used or pug mill with vacuum seal; only non-toxic art supplies (AP symbol on labels)	Yes No N/A	
	R-013b	117	No glazes with lead, cadmium, copper, manganese, chromates. Used pre-mixed not powdered	Yes No N/A	

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	R-013c	117	Oil pastels not powdered paints & pigments	Yes No N/A
amily & Consumer Science (HE)	J-001	55	Food storage, prep and service facilities maintained/operated in compliance with WSBOH food regulations & best practices.	Yes No N/A
	J-002	55	Milk coolers, food fridges, ice machines dedicated for food. Coolers/fridges maintained ≤ 41°F; thermometers required	Yes No N/A
	J-003	56	Advanced food prep processes in CTE require special process approval by LHJ. Food prepared for public requires under LHJ permitting	Yes No N/A
	J-004	56	Food served in classrooms to follow food safety guidelines – temp, HW, pest prevention, etc.	Yes No N/A
	J-005	56	Food storage, prep, service in classrooms follow food safety practices – temp, cross-contamination (meat & seafood storage), cleaning, vomit/diarrhea plan	Yes 🗌 No 🗌 N/A 🗍
	J-007	57	Hands are washed with soap and warm water for at least 20 seconds before serving/preparing food. HW at one temp = 95 - 105°F	Yes No N/A
Fan	J-008	57	No bare hand contact on ready-to-eat foods	Yes No N/A
	J-013	58	Fruits & vegies washed under running water in clean sink	Yes
	J-014	58	Undercooked, raw or unpasteurized meats, eggs, aquatic foods or juices should not be served.	Yes
	J-016	58	Toxic materials and cleaning supplies not stored with food items	Yes No N/A

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SPOKANE REGIONAL HEALTH DISTRICT
SCHOOL HEALTH & SAFETY GUIDE
Self-Inspection Worksheet

Other:

School:		
Address:		
nspection Date: _		
nspector:		

#### Milk Cooler

The temperature of the milk\* in the milk cooler/milk refrigerator must be checked each time a self-inspection is performed if you serve milk to staff/students. However, if you have a school lunch program, the kitchen and milk coolers will be inspected by the SRHD Food Safety Program.

	Item No.	Requirement/Recommendation	Temperatur e of Milk* in Cooler	In Compliance?	Was corrective action taken?	Comments/Observations If NO is checked describe corrective action taken below, include new temperature after corrections have been made
Milk Cooler	J-014	WAC 246-215-03525 Milk must be cold held at 41° F or less. If temperature exceeds 41° F take corrective action & document corrected temperature.		Yes  No  N/A	Yes No No	
2	Signatu	re of inspector:				

If any additional public food service will be offered at this facility (e.g., school lunches, fundraisers like spaghetti feeds, concession stands, DECA) please be sure to contact Spokane Regional Health District's Food Safety Program at (509) 324-1560 ext. 2 for more information.

Milk cooler inspe	ction is checked N/A above because:
	Have school lunch program inspected by SRHD Food Safety Program
	Do not serve milk

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<sup>\*</sup>The intent of this requirement is to ensure the milk is held at proper temperature, rather than just recording the air temperature in the refrigerator. To correctly monitor, you may either use a metal stem thermometer to check the temperature of the milk itself or of a container of water that has been held in the refrigerator. Best practice is to take the temperature of the product in the warmest part of the cooler (i.e., the top shelf or door).