

Dear Parent or Guardian,

We want to inform you that someone in our childcare center/school has respiratory syncytial virus (RSV). RSV can cause moderate to severe cold-like symptoms. This illness can be very harmful to infants, young children and people with weakened immune systems.

*If your child becomes ill, please notify the school, and keep your child at home until they have been fever-free for 24 hours without the use of fever-reducing medications.*

To help prevent the spread of RSV, we urge you and your child to follow these steps:

- Watch for RSV symptoms: fever, cough and runny nose.
- Stay home when sick.
- Talk with your healthcare provider about special medications or vaccinations if you or your child are at high risk for severe RSV.
- Wash your hands frequently with soap and warm water, especially before eating.
- Cover your nose and mouth with a tissue when you sneeze or cough and throw away used tissues.
- Wear a mask around others, even if you feel well, especially in crowds or around people at higher risk.

If you have any questions about RSV, please talk to your healthcare provider or contact the Spokane Regional Health District's Disease Prevention and Response division at 509.324.1442.

Sincerely,