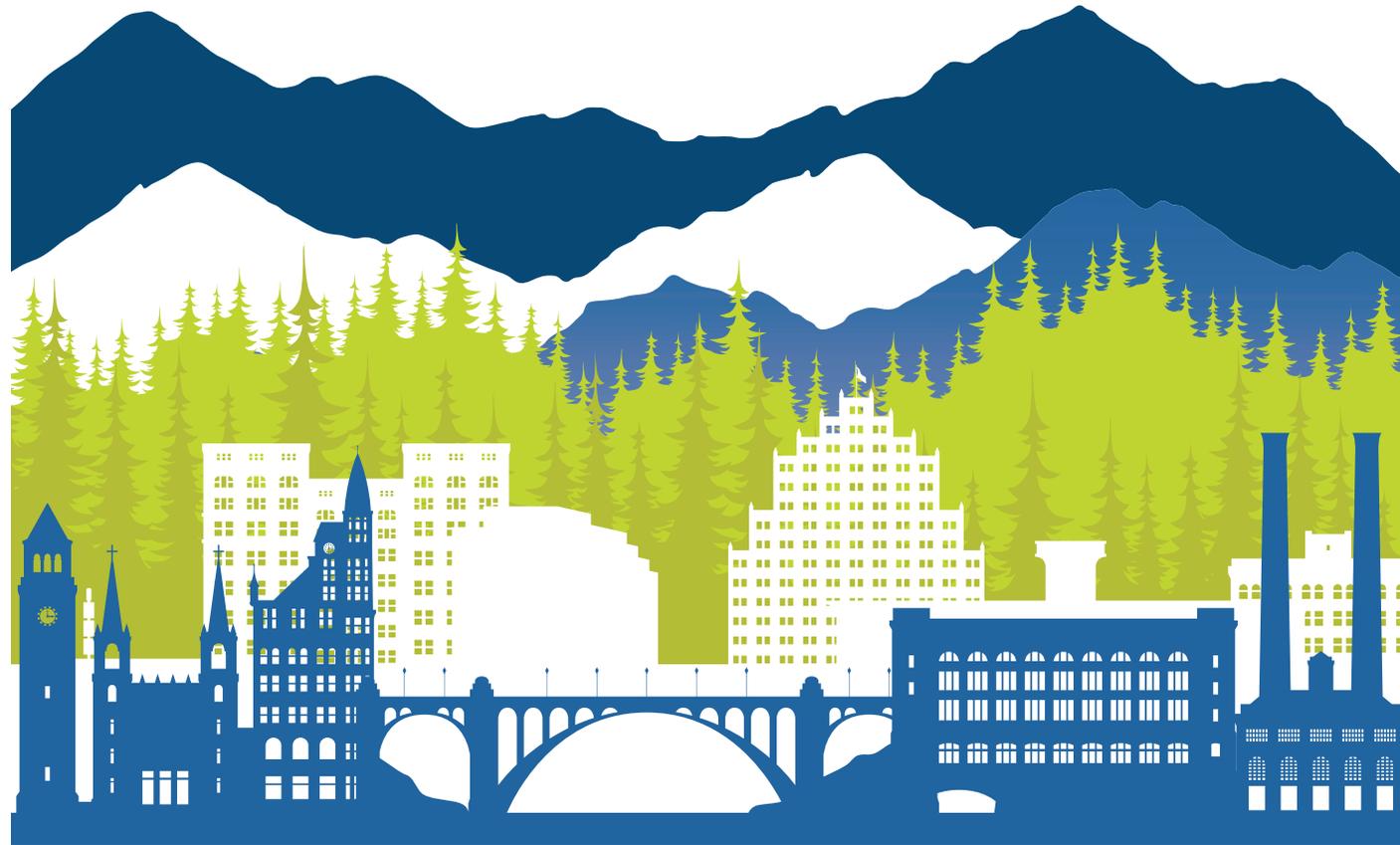


# MAT

“Medication Assisted Treatment helped me and continues to provide a lifeline for me today. I was also fortunate to have found a terrific counselor to talk about my addiction. I have my health back. My friends and family are a part of my life again and they have been willing to learn about addiction. I can’t stress enough how important of a role methadone played in stabilizing my life and helping me to make positive changes. MAT saved my life.”

- Opioid Treatment Program Client  
Spokane, Wash.



## Opioid Treatment Program

State and federally accredited to provide outpatient treatment, counseling and referral services for individuals dependent on opioids.



Opioid Treatment Program  
312 W. 8th Avenue, Spokane, WA 99204  
509.324.1420 | TDD 509.324.1464 | srhd.org | otp\_web@srhd.org



# About the Program

The Opioid Treatment Program (OTP) at Spokane Regional Health District provides medication-assisted treatment to individuals diagnosed with opioid use disorder (OUD). Opioids are a class of substances that include heroin, morphine, hydrocodone and others.

Once enrolled in the program, clients receive personalized treatment with a combination of medication and therapy based intervention\* that promotes discontinuation of opioid use while supporting the individual's mental and physical well-being. The program maintains state and federal accreditation for its services.

\* OTP is not a pain management clinic; the program uses a pharmacotherapy approach to help individuals experience decreased withdrawal symptoms and cravings normally associated with opioid use.

# Services

Clients must participate in an initial medical intake and bio-psycho-social assessment and urine drug screen to enroll in the program. Once enrolled, clients work with program staff to understand their outcomes and together, develop goals and customized individual service plans (ISP).

ISP are designed with an interdisciplinary approach that includes medication management therapy, counseling, health and physical monitoring. Medication assisted treatment helps patients to manage their withdrawal symptoms with methadone, buprenorphine and Vivitrol®. Clients are also provided with one-on-one and group counseling sessions, yearly health physicals and on-site mental health counseling availability if needed.

# Treatment Eligibility

To enroll for treatment, individuals must be 18 years of age or older with a history of opioid dependency for at least one year. Clients may be self-referred or referred from the community this includes referrals by medical providers and government agencies. Photo identification is not required but strongly preferred. (Federal or U.S. state identification required for enrollment).

# Courtesy/Guest Dosing

For individuals currently undergoing treatment outside Spokane County who plan to travel to Spokane County, Spokane Regional Health District can coordinate dispensing with a patient's home clinic for continued treatment while in Spokane.

Call 509.324.1420 for more information or to coordinate courtesy dosing.

# Payment Options

Medicaid, Medicare, Veterans Administration, private/self pay, and most commercial insurance\*

\*Please consult with staff to verify coverage.

# Hours

## Office

Monday - Thursday  
6:00 a.m. - 2:00 p.m.

Friday  
6:00 a.m. - 12:30 p.m.

## Dispensing Clinic

Monday - Friday  
5:15 a.m. - 11:45 a.m.

Saturday  
7:00 a.m. - 10:30 a.m.

# Facts About Methadone

Methadone is an opioid derivative that is used to treat withdrawal and addiction to other opioids such as heroin and prescription narcotic pain relievers. Know the facts:

Methadone does not "cure" opioid addiction, but is a long-term treatment to manage addiction, opioid withdrawal, cravings, and prevent relapse.

25% of individuals with OUD who complete a substance treatment program and participate in a long-term methadone treatment remain in recovery long term.

OUD treatment without the use of methadone has a 5-10% success rate.

Methadone treatment offers a 60-90% rehabilitation success rate.

Methadone should be used in combination with other addiction recovery modalities or medications.

Without ongoing, consistent follow-up and medical treatment, 91% of OUD patients relapse.

Source:  
[www.metrorehab.net/methadone-treatment](http://www.metrorehab.net/methadone-treatment)