

The regular meeting of the Spokane Regional Health District Board of Health held on Thursday, **March 29, 2018** was called to order by Board Member Chuck Hafner, Chair, at 12:32 p.m. in room 140 of the Public Health Center, 1101 West College Avenue, Spokane, Washington.

#### **PRESENT**

Board Member Chuck Hafner, Chair  
Councilmember Breean Beggs, Vice Chair  
Commissioner Josh Kerns  
Commissioner Mary Kuney  
Councilmember Kate Burke  
Councilmember Karen Stratton  
Councilmember Arne Woodard  
Councilmember Linda Thompson  
Board Member Donald Condon, MD  
Board Member Andrea Frostad

#### **ABSENT**

Commissioner Al French  
Mayor Kevin Freeman

#### **CITIZEN INPUT**

- Jacklyn Gallion, Spokane County, WA – Spoke on the effect of school exclusions in the community and the Central Valley School District exclusion policy. She requested Spokane Regional Health District (SRHD) support the school policy. She asked the board for a response to the school policy and what precautions SRHD has taken to protect children in the event of another outbreak.

#### **CHAIR REPORT** – Board Member Hafner

##### New Board of Health (BOH) Member

The BOH Chair introduced Board Member Andrea Frostad, who was appointed by Commissioner French.

##### Citizen Input

Citizens were thanked for providing written materials and letters to board members.

##### SRHD Awards and Recognition Ceremony

Board members were reminded of the SRHD Awards and Recognition Ceremony on April 25, 2018 at 9:00 a.m. in Room 140 of the health district building.

##### Community Health Assessment

The chair attended the community health assessment (CHA) last Thursday. The group of 160 community members developed a list of 17 issues to address in the community. Reducing impacts of family trauma and violence was chosen as the top priority for the community. The chair encouraged board member involvement in the work.

##### BOH Committees

The Policy committee will meet April 12, 2018. The Education and Communication committee has no meetings set. The Budget and Finance committee met and determined a meeting schedule for the year and requested the SRHD Administrator research funding models for public health across the state.

## **HEALTH OFFICER REPORT – Robert Lutz, MD, MPH, Health Officer**

### Health Equity Work

SRHD Administrator, Torney Smith, and Heleen Dewey, Healthy Communities program, left Monday to visit a health district in Houston, TX about health equity. The latter part of this week, Mr. Smith is attending the National Network of Public Health Institutes (NNPHI) Open Forum for Quality Improvement in Public Health conference to learn more about health equity. Mr. Smith will update the board at the next meeting.

### Opioid Task Force

A community-wide opioid task force effort has been started over the last several months. Linda Graham, Health Policy Specialist, Lynn Everson, Disease Prevention and Response (DPR) Division and Dr. Lutz attended a roundtable held by Representative Cathy McMorris-Rodgers on the topic. There is understanding that opioid addiction work will involve multiple community sectors and is a multi-generational issue. The intent is to have a collaborative approach for addressing the epidemic.

### State-Wide Health Officer Meeting

At the recent meeting, there was discussion about revising the HIV Omnibus bill. The intent is present proposed bill changes at the next legislative session.

Opioids and gun-related violence was a topic at the meeting as well. Gun-related violence is viewed as an epidemic. The nation's focus has been on mass casualty violence, but other gun-related violence affects all groups across the nation. Statistically, 60%+ of gun-related violence is suicide. Mass casualty is 2%. Health officers in Washington State are developing messaging to share with organizations and legislators this fall.

### Community Health Assessment

The community priorities have been identified with the priority on reducing impacts of family trauma and violence. The inter-related issue of increasing access and services for residents for co-occurring substance abuse and mental health issues (dual diagnosis) was also identified as a priority. Opioids is also a focus, but locally there are more overdoses from methamphetamines than opioids and heroin.

### County Health Rankings

The County Health Rankings identify that clinical care accounts for only 20% of overall individual health in a population. Health behaviors, social economic factors, and physical environment are significant contributors to health. Spokane County is ranked 23 out of 39 counties in Washington State, which is the best the county has been.

### Influenza Update

Currently, there have been 571 influenza-related hospitalizations, 236 deaths statewide, and 37 deaths in Spokane County. The trend was downward, but in the last few weeks the trend is upward. Influenza B is increasing, but most cases are still predominantly influenza A. Of the Spokane County deaths and hospitalizations, 32% are confirmed vaccinated. All deaths have been in individuals over 50 years of age with medical problems.

## **LEGISLATIVE UPDATE – Linda Graham, Health Policy Specialist**

### State Legislation

Information on legislative bills was included in the agenda packet. Proposed legislation expected next session include: school safety, suicide, gun violence, HIV Omnibus bill, substance abuse issues, and Tobacco 21.

State Budget

The Nurse Family Partnership (NFP) funding was renewed for five years. A staff member from the Health Education Labor and Pensions Committee visited Spokane on Tuesday and Cathy McMorris-Rogers visited today both on the opioid issues. Commonalities heard include: increased focus and possible mandates for mental health treatment along with substance abuse treatment, research into opioid options for pain management; focus on non-prescription opioids; upstream preventions, and attention to workforce development for addiction counselors.

Law enforcement, emergency room doctors, health district and CHAS representatives, WSU researchers, Frontier Behavioral Health, Better Health Together, Empire Health Foundation, and Veterans' Administration attended the roundtables. There was much discussion about prevention and upstream work.

Councilmember Thompson requested the BOH legislative agenda advocate that marijuana excise tax dollars be given to the counties. Councilmembers Thompson and Stratton recommended a study session with legislators to discuss the importance of the excise tax and to bring forward concerns. Board Member Hafner requested the BOH Education and Communication committee work with Councilmember Thompson and the BOH Policy Committee to develop a study session with legislators.

**CONSENT AGENDA**

Consists of items considered routine which are approved as a group. Any member of the board may request to remove an item from the Consent Agenda to be considered separately.

Meeting Minutes: February 22, 2018  
2018 Vouchers paid: February 1-28, 2018

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Voucher Numbers:	#245472 - #245752	\$ 977,837.94
Payroll Warrants:	#996168 - #996178    #996880- #996882	
	Advice Numbers: #DD43651 - #DD43888	\$847,827.14
Payroll Warrants:	#998119 - #998128	
	Advice Numbers: #DD43889 - #DD44128	\$809,202.04
	<b>TOTAL</b>	<b>\$1,657,029.18</b>

***Motion: To approve the February 22, 2018 Board of Health meeting minutes as presented.***

***Motion/Second: Thompson/Woodard***

***Approved: Unanimously***

***Motion: To approve the February 1-28, 2018 vouchers as presented.***

***Motion/Second: Woodard/Beggs***

***Approved: Unanimously***

**ACTION ITEMS**

There were no Action Items.

## **REPORTS**

### Treatment Services/Opioid Treatment Program – Julie Albright, MSW, CDP, Interim Director

There are 42 staff members in the Opioid Treatment Program. Dr. Jeff Maple is the medical director in the program and for the Spokane County Jail.

The program started in 1990 and in 2016 the program began using Buprenorphine with Naloxone; otherwise known as Suboxone. Last year, the program started Subutex. In 2018, the program will be starting Naltrexone.

In 2006, the program had 275 patients with 150 on Medicaid. Currently, the program has 950 patients and a two-week waitlist. The Affordable Care Act funded more Medicaid patients, which increased the number of patients in the program. It costs patients approximately \$450.57 a month or \$15.25 per day on the program. The program offers a comprehensive, integrated treatment model. All counselors have bachelors and master's degrees. All dispensing nurses are RNs.

In 2017, the program began dispensing at the Spokane County Jail. Dispensing in the jail is for clients already on the program and pregnant women after receiving an assessment. Kootenai County Jail also brings their pregnant women to the program for dispensing. The program is working on an agreement with the jail for initial assessment and enrollment of inmates to the program.

The program's 2018 budget is \$5.4 million, is fee-based and accepts Medicaid. The program receives several grants, Veterans' Administration contracts, private insurance and private pay. Starting January 2019, the program will be working with all five managed care organizations (MCO's). The program takes no local dollars. The program is regulated by the DEA, CRBHO, the state BBHR, SAMSA and the Pharmacy Board.

## **EXECUTIVE SESSION**

The BOH adjourned at 1:23 p.m. for five minutes for an executive session pursuant to RCW §42.30.140(1)(g). At 1:28 p.m., attorney, Michelle Fossum, requested an additional ten minutes.

## **MEETING RECONVENED**

The meeting reconvened at 1:38pm. No action was taken

## **BOARD MEMBER CHECK IN**

### Community Health Assessment – Councilmember Karen Stratton

Board members interested in reviewing the community indicators related to the community health assessment were encouraged to go to the EWU website and search "community indicators."

### Community Health Assessment – Board Member Donald Condon

Board Member Condon advocated using Adverse Childhood Experiences Survey (ACES) to address the top priority of the community health assessment.

### Spokane Valley Youth Voice Gathering – Councilmember Thompson

The gathering included youth from Central Valley, University, West Valley, East Valley, Gonzaga Prep and some independent students. Students determined priorities similar to the community health assessment. The priorities included: homelessness, jobs for youth, and substance abuse and violence. Youth requested

another meeting in April, which will provide Councilmember Thompson with information for the City of Spokane Valley Council.

Crisis Stabilization Center and Community Resource Center – Councilmember Beggs

The City of Spokane was awarded a \$2.4 million grant for a crisis stabilization center as an alternative to jail. The facility will provide mental health stabilization, medical treatment and placement other than jail.

**NEXT BOARD OF HEALTH MEETING**

The next Board of Health meeting is scheduled at 12:30 p.m. on April 26, 2018.

**ADJOURNMENT**

There being no further business before the Board the meeting was adjourned at 1:43 p.m.

APPROVED: Charles E. Helmer, Chair  
Board Member Name and Title

Date: 4/26/18

[Signature]  
Recording Secretary