

Individual Rights

You have the right to:

- a. Receive services without regard to race, creed, national origin, religion, gender, sexual orientation, age, or disability.
- b. Practice the religion of choice as long as the practice does not infringe on the rights and treatment of others or the treatment service. Individual participants have the right to refuse participation in any religious practice.
- c. Be reasonably accommodated in case of sensory or physical disability, limited ability to communicate, limited English proficiency, and cultural differences.
- d. Be provided every effort to ensure the provision of services are provided with Cultural Humility and an understanding of the patient's culture and community, and informed by Historical Trauma and the resulting cycle of Adverse Childhood Experiences.
- e. Be treated with respect, dignity and privacy, except that staff may conduct reasonable searches to detect and prevent possession or use of contraband on the premises or to address risk of harm to the individual or others. "Reasonable" is defined as minimally invasive searches to detect contraband or invasive searches only upon the initial intake process or if there is reasonable suspicion of possession of contraband or the presence of other risk that could be used to cause harm to self or others.

- f. Be free of any sexual harassment.
- g. Be free of exploitation, including physical and financial exploitation.
- h. Have all clinical and personal information treated in accord with state and federal confidentiality regulations.
- Participate in the development of your individual service plan and receive a copy of the plan if desired.
- j. Make a mental health advance directive consistent with chapter 71.32 RCW.
- k. Review your individual service record in the presence of the administrator or designee and be given an opportunity to request amendments or corrections.
- Receive a copy of agency grievance system procedures according to WAC 182-538C-110 upon request and to file a Grievance with the agency, or Administrative Services Organization (ASO), if applicable, if you believe your rights have been violated; and
- m. Submit a report to the Washington State Health Care Authority (HCA) when you feel the agency has violated a WAC requirement regulating behavior health agencies.

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