How to REMOVE GLOVES



With both hands gloved, grasp outside of one glove at top of wrist, being careful not to touch bare skin.



Peel off first glove, peeling away from body and from wrist to fingertips, turning glove inside out.



Hold removed glove in hand that is still gloved.



With ungloved hand, peel off second glove by inserting fingers inside the glove at top of wrist.



Turn second glove inside out while tilting away from the body, leaving first glove inside the second.



Dispose of gloves safely. Do not reuse gloves.



Clean hands immediately after removing gloves and before touching any objects or surfaces.

