

# How to Prepare for Emergencies

There are many things you can do to prepare for an emergency—but where do you begin? You can start by making an emergency plan and building an emergency kit for you and your family.

## 1. Make an Emergency Plan

Consider these questions and plan for each!

How will you receive notifications? *(See #3 below)*

Where will you stay during an emergency?

What is your evacuation route?

How will you communicate with your household?

## 2. Build an Emergency Kit

These items are recommended for making a basic emergency supply kit.

## 3. Sign Up for Alert Spokane

Receive emergency alerts for your area.



First aid kit



Bottled water



Cash  
*(small bills)*



Medications & medical equipment



Non-perishable food



Wet wipes or hand sanitizer



Pet supplies  
*(including medications)*



Flashlight & batteries



Copies of important documents



Blanket or sleeping bag



Child care items  
*(diapers, formula)*



Phone charger



Personal hygiene items, toilet paper



Extra clothes, sturdy shoes



Books, games, activities



Can opener



Radio



Emergency Preparedness  
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