FOOD RESCUE

Learn How to Safely Donate Excess Food

Donation Guidelines

1. Review your operation:

- $\circ\,$ Identify the type and quantity of excess or unused food you prepare.
- Ensure you are able to safely recover food for donation by following this guide.

2. Partner with a local hunger relief organization.

- $\circ\,$ Find out what food they accept and plan pick-up or delivery times.
- 3. Safely package and maintain food at proper temperatures at all times.
 - $\circ\,$ Confirm safe temperatures and cooling procedures of all hot food.
 - $\circ\,$ Keep food at proper temperatures (see table on next page).
 - Package in clean, food-grade containers.
 - $\,\circ\,$ Label with the common name of the food.
 - Store in a designated area of a refrigerator or freezer while awaiting pick-up or delivery.

4. Transport donated food safely.

- $\circ\,$ Transport food in a clean vehicle to prevent contamination.
- Keep food at proper temperatures and use refrigerated transport when available.

5. Track donated items.

 Use a donation delivery form or provide information to the hunger relief agency for their records: food source, quantity, type of foods (such as chicken soup, breads, etc.), and date.

How to Donate in Spokane County

For safely prepared foods that normally would be discarded, contact:



Supplies nonprofits that serve free meals to those in need with prepared foods rescued from local restaurants and grocers.

509.216.7364 feedspokane.org

For all other food donations, contact:



Donated over 32 million pounds of food in Washington state in 2016.

509.891.7012 or 800.722.6924 northwestharvest.org



Works with 250 partners and distributes over 2 million pounds of food per month.

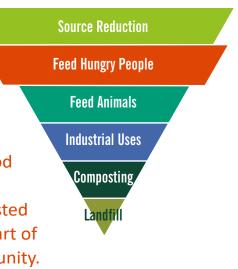
509.534.6678 2-harvest.org



Spokane Regional Health District assures nondiscrimination in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act. To file a complaint or to request more information, reasonable accommodations, or language translations, contact 509.324.1501 or visit srhd.org. // Content adapted from a guide previously created by WA state departments of Health, Agriculture and Ecology. // Updated: January 2022.

Be Part of the Food Waste Solution

Food waste is the largest component of Washington state's municipal solid waste, with edible food making up 8% of overall garbage, as noted in the Washington State Department of Ecology 2015-2016 Waste Characterization Study. The Environmental Protection Agency developed a Food Waste Recovery Hierarchy (at right) that lists feeding hungry people as one of the top strategies to prevent and reduce wasted food. By donating edible food from businesses, they can be part of the food waste solution and help reduce hunger in the community.



The Good Samaritan Food Donation Act

Chapter 69.80.031 RCW, also called the "Good Samaritan Food Donation Act," offers responsible food donors protection from criminal and civil liability if the donated food is "apparently wholesome." This means the donor knows the food has been handled with correct food safety standards. The act does not release donors or hunger relief agencies from the duty of acting responsibly. Operate with judgment and diligence to make sure donated food is safe and wholesome.

Donated Food Safety for Businesses

When donating perishable food that requires temperature control for safety (also called 'potentially hazardous food'), only donate food that has been kept at proper temperatures. Storing perishable food between 41°F and 135°F can allow bacteria to grow, which may cause people to get sick. Additionally, any food exposed to fire, flooding, temperature extremes, or other distressed food must be approved by Spokane Regional Health District before donation. See below for food safety requirements for various foods.

| Food Type | CAN be donated, if: | CANNOT be donated, if: |
|---|--|---|
| Prepared (e.g. soup, casseroles) | Properly cooled and stored at 41°F or below, or frozen solid | Stored between 42°F and 135°F or improperly cooled |
| Chilled Perishable, Prepackaged* (e.g. dairy, juice) | Stored at 41°F or below, or frozen solid | Stored between 42°F and 135°F or packaging is damaged/bulging |
| Meat, Poultry, Fish (fresh or frozen) | Stored at 41°F or below, or frozen solid | Stored between 42°F and 135°F |
| Fresh Produce (whole) | Stored in a cool, dry, and clean area | Significantly decayed |
| Fresh Produce (cut) | Stored at 41°F or below | Stored between 42°F and 135°F or significantly decayed |
| Nonperishable Baked Goods | Stored in a cool, dry, and clean area | Moldy or stale |
| Nonperishable Prepackaged (e.g. canned, boxed) | Stored in a cool, dry, and clean area | Home-canned or rusty, severely damaged or leaking |
| Baby Food | Store according to label | Expired |

The following foods from food establishments and food processors can be donated if stored in food-grade packaging, not previously served to a consumer, and meet the requirements in the table below.

Table modified from Appendix A of the Comprehensive Resource for Food Recovery Programs