



Nurse-Family Partnership of Spokane County



Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of pregnant parents. Each parent partners with a registered nurse early in pregnancy and receives ongoing nurse visits that continue through the child’s second birthday.

Independent research proves that communities benefit from this relationship. According to the Centers for Disease Control and Prevention, effective home visiting models, such as NFP, have demonstrated many benefits for children and parents, and can prevent adverse childhood experiences (ACEs) by providing information and support to families in a safe and nurturing environment.¹

Eligibility

- Pregnant persons in the first 28 weeks of pregnancy*
- Income requirement: WIC or Medicaid eligible*
- Live in Spokane County

Referral Process

Visit the Nurse-Family Partnership page at srhd.org/nfp and click “Submit a Referral” on the right-hand side of the page.

Positive Outcomes for Spokane County

- 88% of babies are born at term.
- 96% of children are up to date with immunizations at 24 months.
- Children are routinely screened for developmental concerns and referred to Early Support for Infants and Toddlers (ESIT) when needed.
- 63% of clients are employed by child’s second birthday, compared to 40% at enrollment (versus state outcomes: 56% at 24 months and 51% at enrollment)

* WIC and Washington State Pregnancy Apple Health are easy guides. Household size includes the unborn child of a pregnant person. Multiparous clients must have an additional risk factor to be eligible. Depending on program capacity, parents may be enrolled beyond 28 weeks.

1. National Center for Injury Prevention and Control. Adverse Childhood Experiences (ACEs) Prevention Resource for Action: A Compilation of the Best Available Evidence. Centers for Disease Control and Prevention; 2019: 17. https://www.cdc.gov/violenceprevention/pdf/aces-prevention-resource_508.pdf

Providing a Warm Handoff to NFP

As a healthcare provider, you play a vital role in assisting patients as they start their parenting journey. Helping the patient understand the program supports both enrollment and retention. A simple script may look like the following:

“Becoming a parent for the first or fifth time can come with questions, considerations, and possibly concerns. NFP pairs you with a nurse who can support you during this journey, from pregnancy to age 2. Your nurse will come alongside you in whatever area of interest you’d like to learn more about, whether it’s how to take care of your newborn or going back to school or work while also managing parenthood, or something else!

“It’s voluntary and at no cost to you. If you’re agreeable to an NFP referral, I’ll put it in today and their case manager will reach out in a few days to setup a time to explain the program in more detail.”

QUICK FACTS

We have...

7 174 1

nurse home visitors with over 100 years of combined experience!

client slots, with 24 of those slots reserved for clients utilizing TANF at enrollment

case manager, office assistant & program manager

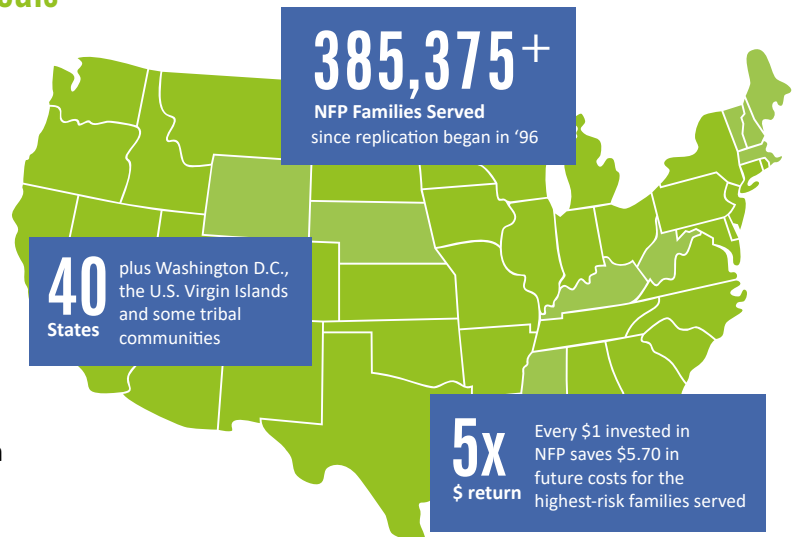


“As an NFP nurse, I am an ally to parents, children, and their families on their life journey ... There is so much to learn and gain collaborating in a natural home environment. I especially enjoy tracking baby’s growth and development, and helping parents learn age-appropriate activities that challenge them at each stage. Our families and nurses are equipped with unique tools and support, with so much knowledge at our fingertips. Working with families, I have learned success is right around the corner for anyone who dares to dream. You can be an incredible parent, no matter where your starting point is!”

—Kris B.

National Nurse-Family Partnership Goals

- Improve pregnancy outcomes by helping parents engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of nicotine, alcohol and illegal substances
- Improve child health and development by helping parents provide responsible and competent care
- Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education, and find work



Contact Us

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Nurse-Family Partnership (NFP) 

Spokane Regional Health District assures nondiscrimination in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act. To file a complaint or to request more information, reasonable accommodations, or language translations, contact 509.324.1501 or visit srhd.org.

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