



Kamelele ko kōn Erreoin Mejatoto

Etale joñan an erre mejatoto ilo SpokaneCleanAir.org

Air Quality Index (AQI)

AQI ej juon wāween kwalok joñan an erre ak ettoon mejatoto im wāween an jelōt ājmuur an armej. Agency ko rej likūt elōñ kein joñjoñ erreoun mejatoto ipeļaaikin Spokane County im state in Washington.

AIR QUALITY INDEX		IN KŌMŪMAN TA?
Emman 0-50		Elukkun emman rainin ñan pād nabōj im emman ñe kwoj kōmman juon karōk ñe re ba bwe enaaj ettoon mejatoto im enana ñan ājmuur.
Ebwe 51-100		Meñe ejab lukkuun lap joñan an ettoon mejatoto, ewor jet kain armej im emōkajlok an jelōt er. En jab lap an armej rot in pād nabōj. Ren barāinwōt mejmej karuo kōn kain kakōlle ko im re walok jān an ettoon mejatoto.
Enana ñan ājmuur an ro me elōñ aer nañinmej ak mōjño im ñan liļlap im ļalļap 101-150		En jab lap an ri nañinmej im aļlap ro pād nabōj ak kōmman jermal ko im ikkure ko re pen i nabōj. Aolep ren laļe ñe e walok kakōlle ko im ren jab pād ijo me ettoon mejatoto ie.
Enana ñan ājmuur 151-200		Aolep ren jab pad ijo me ettoon mejatoto ie. En jab lap am pād nabōj, kwōn jab kōmman jermal ko im ikkure ko re pen i nabōj, im pokake men ko me renaaj jipañ bwe en erreolok mejatoto ilo mweo imōm.
Lukkuun nana ñan ājmuur 201-300		Aolep ren jab pād ijo me ettoon mejatoto ie. Kwon pād wot ilo mweo imōm im kajerbal kein liklik ko bwe en erreolok mejatoto. Ñe kwo aikuj in kōmmane, etal ñan bar juon jikin me e erreolok mejatoto ie.
Kauwōtata > 300		Aolep ren jab pād ijo me ettoon mejatoto ie. Kwōn jab pād nabōj. Kwōn kajerbal kein liklik mejatoto ilo mweo imōm. Ñe kwo aikuj in kōmmane, etal ñan bar juon jikin me erreolok mejatoto.

Kwōn jelā kakōlle ko ñe kwōj menono baat:

E metak mejam, pokpok, abñōñō būruōm ak bōtim, metak bōram, mōk, e pen menono, e pen bōk kōtuōm, jab jokkuun wōt juon an bam menono, metak ubōm. Kwōn mōkaj in taktō ñe e kajoor kakōlle kein.

Wāween Kōjparok Kwe Make

1. Kadiklōk kajoorin aṃ jeral ak ikkure nabōj im toon aṃ pād nabōj.
2. Pād wōt ilowaan ṃweo iṃōm ak bar juon eṃ, im ñe ejab lukkuun bwil, kili kōjām ko im wūnto ko.
3. Jab kattoon mejatoto ilowaan ṃweo iṃōm— kwon jab kōbataat, jab tile candle ak vacuum.
4. Kajerbal air condition eo me elōñ an kein liklik, kajerbal juon men etan in HEPA portable air cleaner, ak ñe elōñ aṃ deel kwōn make kaḷak juon kein liklik.
5. Kwon jiped button eo ilo air condition me ej ba “recirculate”.
6. Ñe kwō jab maroñ karreo mejatoto ilo ṃweo iṃōm, kwōn etal ñan bar juon jikin me e jab bataat āinwōt juon melān eḷap i nabōj ak ṃweo iṃōn ṃōttam.
7. Ñe kwōj aikuj pād nabōj, kwōn kōñak juon māj me eṃōj an doulul in NIOSH ba eṃṃan kajerbale, āinwōt juon māj in N95.

Wōn ro im e Kauwōtata ñan er?

Ñe elukkuun bataat mejatoto, baat jān wildfire emaroñ kōṃṃan bwe jabdewōt armij en nañinmej. Emaroñ lukkuun kauwōtata ñan armej ñe:

- Ewōr an nañinmej āinwōt nañinmej in menono, nañinmej in ār āinwōt orlōk ak jorrāan in ār, ak nañinmej in tōñal
- Kwo diklōk jan 18 iiō ak rūttoḷok jan 65 iiō
- Kwo bōrōro
- Kwōj jeral nabōj
- Ro im e jab lap aer jāan
- Ri kilmej, armej ro me ṃoktata aer pād Emedka, ak ro me e oktak color in kileir



Kajjitōk ko im Armej re Kijoñ Kajjitōk

Ta in wildfire?

Wildfire ej juon kijeek me ej waḷok im ṃōñāñe buḷon mar ak buḷon wōjke, ak ilo juon wāto me eḷap wūjooj ie. Rej ba bwe tarrin 85% in aolep wildfire ko ej ruōn armej.¹



Ñe ebaatat mejatoto, enaaj ke jorrāan ṃweo iṃō?

Emaroñ baatat mejatoto ñe epaak wildfire ko ak emaroñ baatat wōt meñe ettoḷok wildfire ko. Ñe kwo kōñaan jeḷā ia eo wildfire ko rej pād ie im ia eo baat eo ej waḷok jān e etal ñan [fire.airnow.gov](https://www.fire.airnow.gov).

Ñe ettoḷok wildfire ko, baat eo enaaj ke jeḷōt kōm?

Aet. Baat jān juon wildfire emaroñ jeḷōt erreoun mejatoto – emaroñ jeḷōt joñan an ettoon mejatoto. Baat jān wildfire ej kōṃṃan jān jet kain gas ko im bōñal ko etaaer in PM2.5. Im men in emaroñ kabñōñok būruōṃ kab bōtōṃ, kōṃṃan bwe en bōbōj āriṃ ak kōṃṃan bwe en nanaḷok nañinmej ko in ār.² Men ko im remaroñ waḷok ñe kwo paak ñan baat: emaroñ lukkuun metak mejam, pokpok, abñōñō būruōṃ ak bōtiṃ, metak bōraṃ, ṃōk ak kajjinōk, e pen menono, e pen bōk kōtouṃ, e jauñ beat in menono eo aṃ, metak ubōṃ.

Elmān aō check erreoun mejatoto?

Ñe kwo kōñaan lale joñan an erre mejatoto, lale spokanecleanair.org.

Ñaat eo im baat in wildfire ekijoñ jeḷōt jukjuk in pād eo ar?

Wildfire ko re kijoñ waḷok ilo summer ilo state ko rilikin America. Eḷap an waḷok wildfire ko ilo jinoin Juon ḷok ñan jemḷokin Jeptōṃba. Bōtab wildfire ko re maroñ waḷok jabdewōt jikin im e pidodo an jo kijeek ie. Āinwōt ñe eḷap an ṃōrā im kōtoto.

Kwo maroñ bar katak kon men kein ilo srhd.org/wildfiresmoke jowia.

1 “Wildfire Causes and Evaluations,” National Park Service, eṃōj kōkāale ilo March 8, 2022, <https://www.nps.gov/articles/wildfire-causes-and-evaluation.htm>.

2 “Health Effects Attributed to Wildfire Smoke,” United States Environmental Protection Agency, eṃōj kōkāale ilo November 7, 2022, <https://www.epa.gov/wildfire-smoke-course/health-effects-attributed-wildfire-smoke>.