

Board of Health September 25, 2025



SRHD Board of Health

Health Officer's Report

Thursday, September 25, 2025 12:30 p.m.

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I. Communicable Disease Update

a. Measles

II. Public Health Update

a. SRHD Response

III. Questions





Communicable Disease Update





Measles 2025

Measles Outbreak in Ellis County

February 27, 2025

First measles case of 2025 in Washington state identified in a King County infant



Summary

What is already known about this topic?

Although measles was declared eliminated in the United States in 2000, large outbreaks with 50 or more cases have become more frequent, especially in close-knit communities with low vaccination coverage.





Health Advisory

Date: August 12, 2025

From: Spokane Regional Health District (SRHD) Epidemiology

To: Spokane County Healthcare Providers

Subject: Confirmed Measles Case Identified in North Idaho/Kootenai County

SRHD Encourages Everyone to Check Measles Vaccination Status

Spokane, Wash. – Local public health officials have confirmed a measles infection in a Bonner County, Idaho, resident with exposure risk in Spokane County.

Most people have immunity to the measles through vaccination, so the risk to the general public is low. However, with confirmation of measles virus here, <u>Spokane Regional Health District</u> (SRHD) is advising individuals to check their children's and their own vaccination status and <u>verify</u> that they are up-to-date with the measles mumps rubella (MMR) vaccine.

Before receiving the measles diagnosis, the individual was in the following public locations. Anyone who was at the following locations during the times listed was possibly exposed to measles:

- Tuesday, Aug. 12, 11:14 a.m.-5:27 p.m., Providence Sacred Heart Pediatric and Adult Emergency Departments
- Wednesday, Aug. 13, 6:02 p.m.-12:54 a.m., Providence Sacred Heart Pediatric and Adult Emergency Departments
- Friday, Aug. 15, 9:30 a.m.-8:27 p.m., Providence Sacred Heart Pediatric Oncology & Hematology Specialty Clinic

Before receiving the measles diagnosis, the individual was in the following public locations. Anyone who was at the following location during the times listed was possibly exposed to measles:

Sunday, Aug. 24, 6:08 a.m.-10:41 a.m., Providence Sacred Heart Pediatric and Adult Emergency Departments

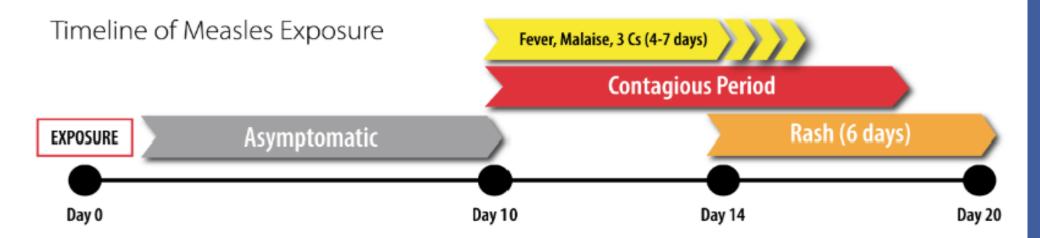
The following locations of potential measles exposure were identified in a previous SRHD press release:

- Tuesday, Aug. 12, 11:14 a.m.-5:27 p.m., Providence Sacred Heart Pediatric and Adult Emergency Departments
- Wednesday, Aug. 13, 6:02 p.m.-12:54 a.m., Providence Sacred Heart Pediatric and Adult Emergency Departments
- Friday, Aug. 15, 9:30 a.m.-8:27 p.m., Providence Sacred Heart Pediatric Oncology & Hematology Specialty Clinic



Signs & Symptoms

Symptoms of measles typically begin 10-14 days after exposure, although some variation occurs. Early symptoms include fevers, malaise, and the three "C"s: cough, coryza (runny nose) and conjunctivitis. Koplik spots, small white spots on the inside of the cheeks, can occur as well. These early symptoms last about 4-7 days.



About 14 days after exposure, a macular rash appears. The rash typically starts around the hairline, spreading to the face, neck and down the body including the hands and feet. The rash lasts 5-6 days before fading.

Patients are contagious from 4 days before to 4 days after the rash appears.





SRHD Response



Questions



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