



# Board of Health

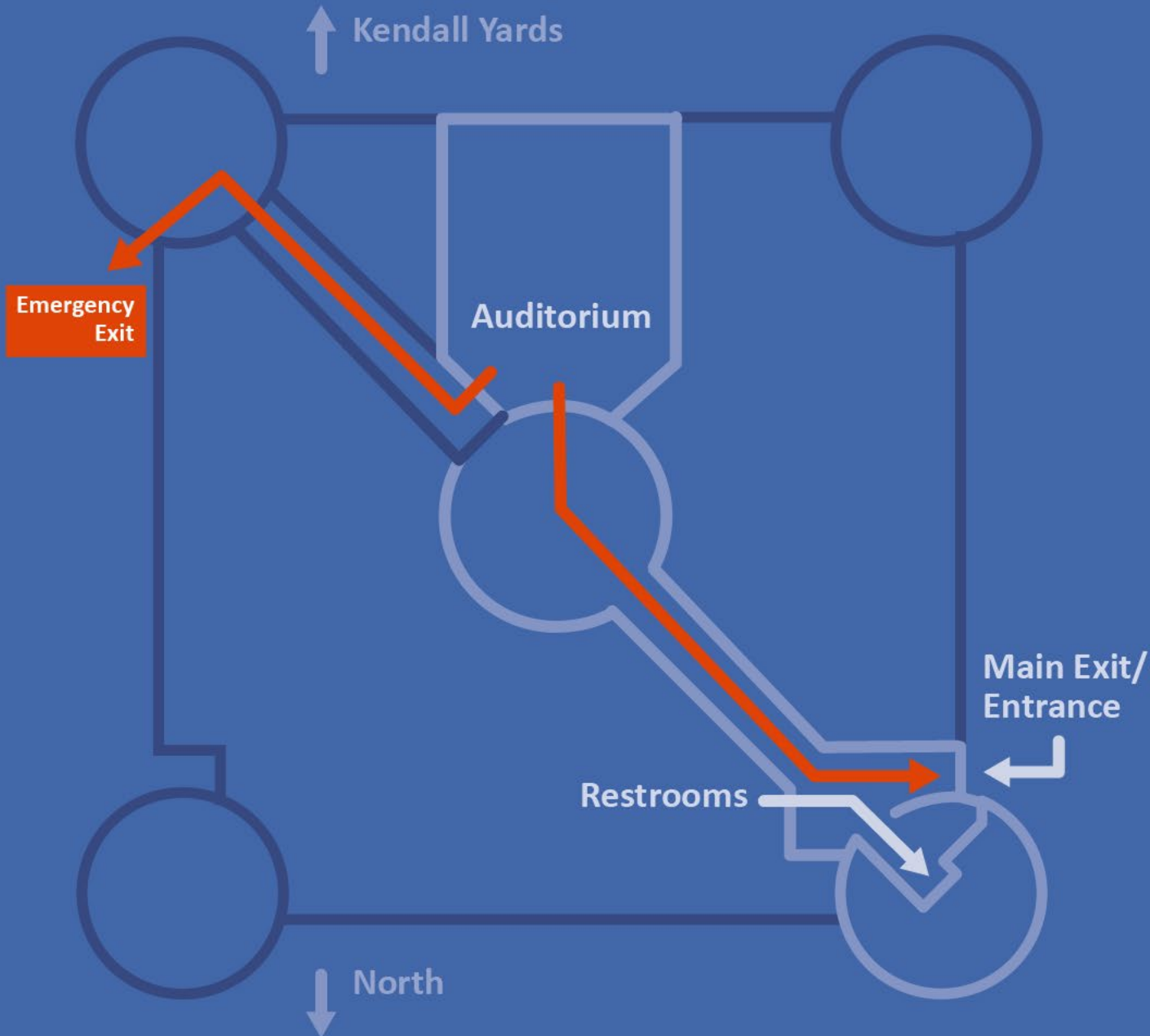
March 27, 2025



Thursday, March 27, 2025  
Board of Health

# Welcome

Meeting agenda  
located on front table





# SRHD Board of Health

## Administrative Officer Report

Thursday, March 27, 2025

12:30 p.m.

**Alicia M. Thompson, DrPH, LMSW**

Administrative Officer

Spokane Regional Health District

# Agenda

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- **TS Financial Update**
- **TS Data Update – Adam Martin**
- **TS Pregnancy Program – Iris Aleman**
- **Dr. Vania Rudolf – Harm Reduction & Pregnancy**
- **TS Expansion**
- **Voice of the Customer**

# 2024 Year End – Bottom Line – Surplus of \$865,549

2024 Treatment Services Expense/Funding Report

Expense	2024 Budget	January	February	March	April	May	June	July	August	September	October	November	December	2024 YTD	Budget Remaining	YTD %
Salaries	\$ 5,311,044	\$ 416,990	\$ 376,418	\$ 373,563	\$ 370,660	\$ 364,544	\$ 358,818	\$ 360,624	\$ 360,333	\$ 351,617	\$ 370,915	\$ 340,960	\$ 345,507	\$ 4,446,720	\$ 864,324	83.7%
Benefits	\$ 2,008,321	\$ 149,485	\$ 138,090	\$ 134,717	\$ 134,671	\$ 136,499	\$ 130,797	\$ 131,744	\$ 138,844	\$ 131,321	\$ 138,398	\$ 89,723	\$ 101,527	\$ 1,537,906	\$ 470,415	76.5%
Supplies	\$ 375,739	\$ 4,734	\$ 38,795	\$ 31,498	\$ 41,064	\$ 35,367	\$ 46,186	\$ 30,651	\$ 35,873	\$ 33,515	\$ 37,390	\$ 58,647	\$ 55,597	\$ 390,655	\$ (14,916)	104.0%
Services	\$ 994,740	\$ 98,685	\$ 67,458	\$ 80,657	\$ 110,375	\$ 100,594	\$ 98,738	\$ 73,662	\$ 135,638	\$ 98,805	\$ 110,117	\$ 114,367	\$ 195,901	\$ 1,246,896	\$ (252,156)	125.3%
Capital	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	0.0%
Indirects	\$ 1,230,965	\$ 70,054	\$ 66,323	\$ 67,740	\$ 70,173	\$ 72,441	\$ 69,830	\$ 66,507	\$ 71,462	\$ 66,193	\$ 68,419	\$ 65,605	\$ 78,590	\$ 838,335	\$ 392,630	68.1%
<b>Total Treatment Services Expense</b>	<b>\$ 9,921,800</b>	<b>\$ 740,941</b>	<b>\$ 677,074</b>	<b>\$ 668,174</b>	<b>\$ 740,982</b>	<b>\$ 724,445</b>	<b>\$ 694,969</b>	<b>\$ 676,168</b>	<b>\$ 721,922</b>	<b>\$ 681,951</b>	<b>\$ 706,342</b>	<b>\$ 666,602</b>	<b>\$ 776,123</b>	<b>\$ 8,460,313</b>	<b>\$ 1,461,487</b>	<b>85.3%</b>
Funding	2024 Budget	January	February	March	April	May	June	July	August	September	October	November	December	2024 YTD	Budget Remaining	YTD %
Medicaid	\$ 7,430,000	\$ 412,548	\$ 549,990	\$ 530,916	\$ 607,597	\$ 726,573	\$ 490,661	\$ 576,985	\$ 637,461	\$ 562,977	\$ 584,162	\$ 567,516	\$ 515,627	\$ 6,762,933	\$ 667,067	91.0%
Medicare	\$ 1,368,000	\$ 107,073	\$ 91,616	\$ 92,005	\$ 180,774	\$ (4,025)	\$ 252,907	\$ 148,325	\$ 131,871	\$ 127,930	\$ 148,945	\$ 84,116	\$ 163,873	\$ 1,518,590	\$ (150,590)	111.0%
Fees (private pay, insurance)	\$ 747,640	\$ 45,435	\$ 59,137	\$ 47,054	\$ 90,089	\$ 74,236	\$ 78,764	\$ 62,789	\$ 57,327	\$ 67,084	\$ 81,798	\$ 67,083	\$ 74,331	\$ 805,018	\$ (57,378)	107.6%
Medicaid Transformation Grant - Better Health Together (BHT)	\$ 30,000	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 30,000	0.0%
Indirect Federal - COVID (ended 8/31/23)	\$ 157,417	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 157,417	0.0%
Indirect Federal - Substance Abuse Block Grant (SABG) through Spokane County	\$ 46,000	\$ 9,934	\$ 6,743	\$ 12,265	\$ 21,988	\$ 12,067	\$ 11,347	\$ 11,001	\$ 14,466	\$ 25,221	\$ 13,887	\$ 21,214	\$ 18,065	\$ 178,028	\$ (132,028)	187.0%
State - Criminal Justice Treatment Account (CJA) through Spokane County	\$ 22,000	\$ 4,378	\$ 3,119	\$ 3,473	\$ 5,807	\$ 6,850	\$ 3,968	\$ 3,514	\$ 175	\$ 4,992	\$ 5,630	\$ -	\$ -	\$ 42,489	\$ (20,489)	199.1%
Employee Parking - 8th Avenue Lot	\$ 20,400	\$ 1,950	\$ 1,740	\$ 1,680	\$ 1,710	\$ 1,710	\$ 1,716	\$ 1,620	\$ 1,754	\$ 1,667	\$ 1,620	\$ 1,680	\$ 45	\$ 18,891	\$ 1,509	88.7%
Donations/Misc	\$ -	\$ 50	\$ -	\$ -	\$ -	\$ 39	\$ 50	\$ 58	\$ 25	\$ -	\$ 50	\$ -	\$ (100)	\$ 114	\$ (114)	NOV/YR
<b>Total Treatment Services Funding</b>	<b>\$ 9,834,657</b>	<b>\$ 581,359</b>	<b>\$ 712,345</b>	<b>\$ 687,913</b>	<b>\$ 918,964</b>	<b>\$ 817,541</b>	<b>\$ 839,313</b>	<b>\$ 805,214</b>	<b>\$ 843,078</b>	<b>\$ 789,071</b>	<b>\$ 816,072</b>	<b>\$ 741,609</b>	<b>\$ 751,780</b>	<b>\$ 9,326,062</b>	<b>\$ 508,595</b>	<b>94.9%</b>
<b>Increase (Decrease) to Fund Balance</b>	<b>\$ (97,143)</b>	<b>\$ (160,582)</b>	<b>\$ (85,271)</b>	<b>\$ (81)</b>	<b>\$ 188,982</b>	<b>\$ 93,096</b>	<b>\$ 174,944</b>	<b>\$ 127,027</b>	<b>\$ 121,156</b>	<b>\$ 108,120</b>	<b>\$ 129,810</b>	<b>\$ 75,008</b>	<b>\$ (16,943)</b>	<b>\$ 865,549</b>		

# 2025 as of February Close – Surplus of \$261,521

2025 Treatment Services Expense/Funding Report

Expenses	2025 Budget	January	February	2025 YTD	Budget Remaining	YTD %
Salaries	\$ 5,026,655	\$ 403,063	\$ 354,925	\$ 757,988	\$ 4,268,667	15.1%
Benefits	\$ 1,855,764	\$ 142,984	\$ 135,031	\$ 278,014	\$ 1,577,750	15.0%
Supplies	\$ 633,452	\$ -	\$ 29,871	\$ 29,871	\$ 603,581	4.7%
Services	\$ 1,656,687	\$ 47,926	\$ 81,266	\$ 129,192	\$ 1,527,495	7.8%
Capital Equipment	\$ 20,000	\$ -	\$ -	\$ -	\$ 20,000	0.0%
Indirects	\$ 1,040,482	\$ 65,346	\$ 66,488	\$ 131,835	\$ 908,648	12.7%
<b>Total Treatment Services Expenses</b>	<b>\$ 10,233,040</b>	<b>\$ 659,319</b>	<b>\$ 667,580</b>	<b>\$ 1,326,899</b>	<b>\$ 8,906,141</b>	<b>13.0%</b>
Funding	2025 Budget	January	February	2025 YTD	Budget Remaining	YTD %
Medicaid	\$ 7,451,029	\$ 648,079	\$ 497,960	\$ 1,146,039	\$ 6,304,990	15.4%
Medicare	\$ 1,583,726	\$ 125,855	\$ 134,585	\$ 260,439	\$ 1,323,286	16.4%
Fees (private pay, insurance)	\$ 984,885	\$ 58,768	\$ 78,981	\$ 137,749	\$ 847,137	14.0%
Indirect Federal - Substance Abuse Block Grant (SABG) through Spokane County	\$ 145,000	\$ 14,329	\$ 19,995	\$ 34,324	\$ 110,676	23.7%
State - Criminal Justice Treatment Account (CJTA) through Spokane County	\$ 45,000	\$ 3,424	\$ 2,661	\$ 6,086	\$ 38,914	13.5%
Employee Parking - 8th Avenue Lot	\$ 23,400	\$ 1,848	\$ 1,728	\$ 3,576	\$ 19,824	15.3%
Donations/Misc	\$ -	\$ 160	\$ 48	\$ 208	\$ (208)	#DIV/0!
<b>Total Treatment Services Funding</b>	<b>\$ 10,233,040</b>	<b>\$ 852,463</b>	<b>\$ 735,958</b>	<b>\$ 1,588,420</b>	<b>\$ 8,644,620</b>	<b>15.5%</b>

<b>Increase (Decrease) to Fund Balance</b>	<b>\$ 0</b>	<b>\$ 193,144</b>	<b>\$ 68,377</b>	<b>\$ 261,521</b>
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# SRHD Treatment Services Monthly Numbers

## Intakes

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2025 Yearly Total	2024 Yearly Total
Days from Referral to Admit	0	<b>0.6</b>											0.96	0.43
Intakes turned away	4	<b>24</b>											28	
Intakes that returned & were admitted		<b>6</b>											6	
Transfers/Discharges	52	<b>34</b>											86	516

## Dispensing

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2025 Yearly Total	2024 Yearly Total
Unique OTP patients served	968	<b>967</b>											1009	1369
Unique Courtesy Dosing Patients Served	55	<b>60</b>											81	274
Methadone Doses Dispensed	32923	<b>29003</b>											61926	379130
Buprenorphine/Naloxone Doses Dispensed	195	<b>184</b>											379	2158

## Counseling

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2025 Yearly Total	2024 Yearly Total
Individual Counseling Sessions	752	<b>697</b>											1449	7881
Telehealth Counseling Sessions	57	<b>78</b>											135	553
Group Counseling Sessions	101	<b>110</b>											211	1279

## Medical

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2025 Yearly Total	2024 Yearly Total
Annual Physicals	53	<b>46</b>											99	813
Assessments	44	<b>42</b>											86	520

## Jail

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	2025 Yearly Total	2024 Yearly Total
Jail Doses	699	<b>698</b>											1397	5593
Unique Jail Dosing Patients Served	36	<b>38</b>											51	145



# Spokane Regional Health District Opioid Treatment Program MOUD in Pregnancy

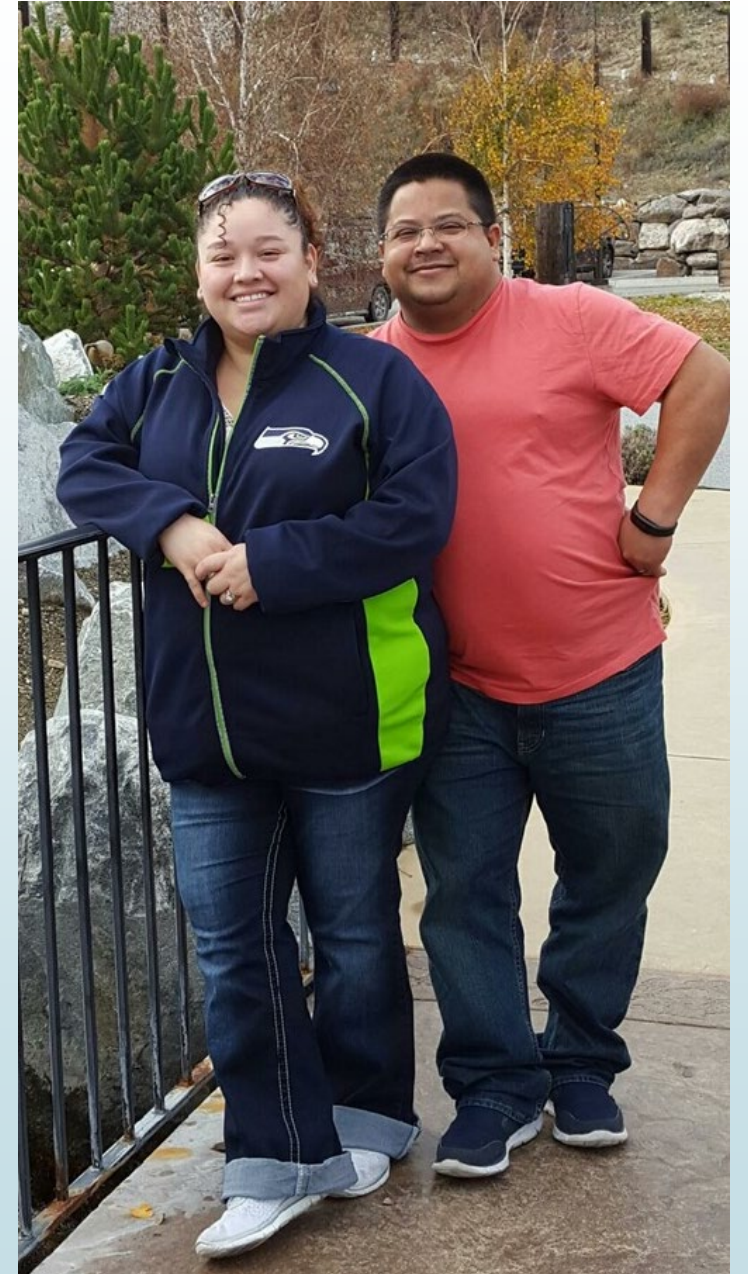
**Iris Aleman BA, SUDP**

**03/27/25**



# About Iris

- Obtained SUDP License 11/18/2016
- SPARC 01/28/13-06/30/19
- SRHD OTP July 1, 2019-Current
- Pregnant and parenting caseload in 2020



# Pregnant and Parenting Team



Jihye Johnson, DMP, Mary Bergum, MD, Iris Aleman, BA, SUDP, Isabella Bianchi, BA, SUDP

# Stabilization MOUD Options

- Methadone
- Buprenorphine

- Narcan
  - Naloxone is a medication that temporarily stops the effects of an Opiate overdose



# Detox and Stabilization

- ▶ **Providence Swedish Medical Center, Ballard Campus (Seattle, WA)**
  - ▶ Treat pregnant individuals up to 34 weeks pregnant When they come from Spokane
  - ▶ Medical stabilization/Withdrawal Management (Suboxone/ Subutex or Methadone)
  - ▶ OB care
  - ▶ Intensive Inpatient 26 days
- ▶ **START Inpatient Unit MultiCare Good Samaritan Hospital (Puyallup, WA)**
  - ▶ Medical stabilization/ Withdrawal management (Suboxone/ Subutex or Methadone)
  - ▶ OB, Medical and nursing care
  - ▶ Intensive inpatient 26 days
- ▶ **Spokane Regional Stabilization Center (Spokane, WA)**
  - ▶ Medical stabilization



# Conversation Regarding Pregnancy

## ► **Keeping the pregnancy**

- Birth plan

- After Plan

## ► **Abortion**

- Provide education on a Pill/Medication abortion or Medical Procedure Abortion

- Refer to providers

## ► **Adoption**

- Connect with Adoption and Surrogacy Services with Mark Iverson



# Education

- Women are provided with pregnancy Education by Jihye, DMP
- Substance use during pregnancy
- Family Planning
- Methadone or Suboxone while pregnancy
- Relapse Prevention
- Emotional, Physical, Verbal, Mental, and Sexual Abuse
- Bloodborne Pathogens, TB
- Alcohol, Nicotine, other drugs, and Substance use Disorder
- Breast Feeding

# Wrap Around Service

- **OB Care/ Medical assistance**
  - Nurse Family Partnership (NFP)
  - First Choice
  - Spokane Professional Doula Association
- **Perinatal mental health counseling**
- **Food Resources**
  - Women Infant Children (WIC)
- **Childcare**
  - Community Minded-Enterprise
- **Child Services for Developmental Delays**
  - Parent Child Assistant Program
- **Transportation Services**
  - SMS



# Expectations After Giving Birth

- Hospital Social worker Assessment
- Possible DCYF investigation
  - Family Assessment Response (FAR Program)
    - Parent are able to keep the children in their care
    - Investigator and FAR case worker work on families keeping children safe
    - Connecting families with resources
  - CPS Dependency case
    - Children are removed from the parent's care
    - placed with family or in foster care
    - Court within 72 hours (Not including weekends or Holidays)



# Community Baby Showers



Yoshunda Blunt

PLEASE, JOIN US FOR A  
**Community Baby Shower**  
 Prizes, Resources and Pizza!

Sponsored by:  
**Amerigroup**  
 An Anthem Company

**29**  
 JAN.  
 11:30 am

Spokane Regional Health District  
**Auditorium**

Chances to win fabulous prizes!  
 Baby swings, bounce

The  
*Adventure Begins*  
 Please join us for a Community  
*Baby Shower*

Prizes, Resources & Food

Spokane Regional Health District Auditorium  
*September 2nd, 2022 at 11:00am*  
 Chances to win fabulous prizes!  
 Baby swings, bouncers and more!

A HUGE Thank You to all our Community Partners:

**Winter Wonderland Community  
 Baby Shower**

**Day:** Friday, December 2, 2022  
**Time:** 11:00 am – 1:30 pm  
**Location:** Spokane Regional Health District Auditorium

There will be refreshments, gifts, games, and resources.

*Come join us for an amazing time to support you and your new addition to your family*

**Amerigroup**

Spokane County residents **FREE**

**Are you pregnant or caring for a baby less than six-months-old?**

*You're invited!*  
**Community Baby Shower**  
 FRIDAY  
**October 18**  
 10:30 a.m. - 1:30 p.m.  
 Spokane Regional Health District Auditorium  
 1101 W. College Ave., Spokane

*A celebration of you!*

Perinatal health and safety gift baskets for 100 participants  
 Raffle prizes, including free Pack 'n Plays, car seats, breast pumps and more!

Personal time capsule messages for you and baby  
 Educational games  
 Lunch and celebratory cake  
 Connections to community resources

Free on-site vaccinations available!

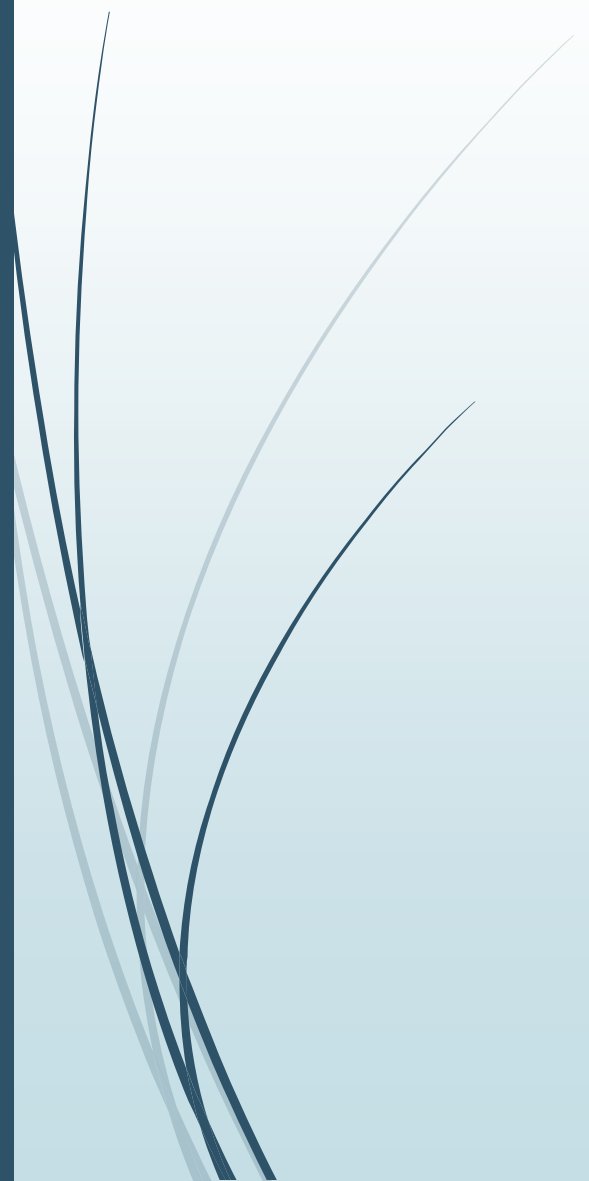
Wellpoint | **HEALTH** | Spokane Children's Safe Program | 509.238.8888 | whd.org

# Special look at the 1<sup>st</sup> Community Baby Shower



# Success Story

- 30-year-old female
- 5 pregnancies
- Lost parental rights to 4 children
- Been in the program 3 times
  - Lack of engagement in attending scheduled sessions with medical staff and counselors
  - Inconsistent dosing leading to multiple restarts
  - Continued substance use
- 3<sup>rd</sup> attempt at Treatment
  - Engaged in all scheduled sessions with medical staff and counselors
  - Dosed consistently, has not had any restarts
  - Has been able to provide negative UA's
- Attended 6 week check up
  - Obtained IUD
- Working on getting her newborn in her custody



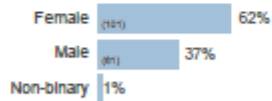
# Thank you

Iris Aleman, BA, SUDP  
ialeman@srhd.org

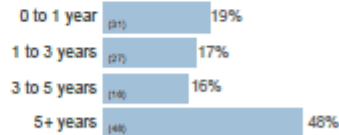
# Client Satisfaction Survey Results

Thank you for participating in the 2024 customer satisfaction survey.  
We received over 160 responses and great feedback.

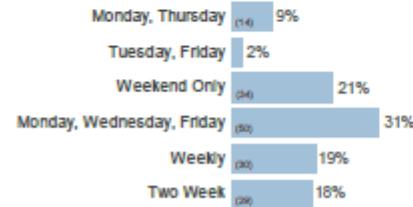
### What is your gender?



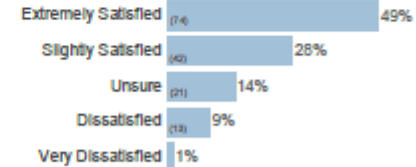
### How long have you been a client at SRHD Treatment Services



### What is your current medication carry schedule?



### How satisfied are you with the ability of the current dose of your medication to treat your withdrawal symptoms



## Thank you for your Feedback!

While there was some great support and appreciation for the program and staff, we also received concerns and suggestions.

#### Some of the positives you shared:

- Everyone is always helpful and willing to show the way.
- Overall it has helped me maintain my job/life in a positive way.
- Established rapport, carries, great staff and it's finally flowing smoothly.
- I am satisfied because I do what I'm supposed to so everything stays good!
- All the staff are very helpful, respectful, treats us as individuals and are non-judgmental, they've helped me through a lot of personal issues, very supportive.

#### Areas for Improvement:

- Long wait times for dispensing
- Frequent counselor changes
- Difficulty getting ahold of counselors
- Ineffective groups
- Uncourteous behavior from staff
- Not sure who managers are
- Cut-off times for dosing
- Carry schedules/availability

### Please rate your level of satisfaction with the following:

	N/A or Don't Know	Dissatisfied	Very Dissatisfied	Satisfied	Very Satisfied
Front Desk	0%	0%	5%	17%	78%
Counseling Staff	1%	4%	7%	24%	64%
Dispensing Nurses	1%	5%	7%	33%	54%
Clinical Assistants	0%	4%	7%	15%	74%
Management	4%	5%	14%	23%	54%
SUD Individual Counseling	3%	8%	9%	19%	62%
SUD Group Counseling	5%	5%	18%	26%	47%
Mental Health Individual Counseling	3%	6%	12%	39%	41%
Mental Health Group Counseling	1%	5%	15%	36%	43%
Security	4%	5%	7%	20%	64%
Finance/Financial Assistance	1%	5%	15%	28%	52%
Medical (ARNP's & MA's)	2%	7%	7%	21%	63%

We strive to provide exceptional service, and support of your recovery goals. Your feedback is very important, thank you for allowing us to be a part of your journey!

Questions?



# Board of Health

March 27, 2025