The regular meeting of the Spokane Regional Health District Board of Health held on Thursday, **April 28**, **2016** was called to order by Mayor Kevin Freeman, Chair, at 12:35 p.m. in room 140 of the Public Health Center, 1101 West College Avenue, Spokane, Washington.

### **PRESENT**

Mayor Kevin Freeman, Chair

Commissioner Shelly O'Quinn, Vice Chair (arrived 12:37 pm and departed at 1:54 pm)

Commissioner Nancy McLaughlin (arrived 12:37pm and departed 2:21pm)

Councilmember Lori Kinnear

Councilmember Breean Beggs

Councilmember Amber Waldref (arrived 12:49pm)

Councilmember Chuck Hafner

Board Member Keith Baldwin, MHA

Board Member Susan Boysen, EdD, RN

Board Member Bob Lutz, MD, MPH

### **ABSENT**

Commissioner Al French

### **CITIZEN INPUT**

There was no citizen input.

## **CHAIR REPORT** – Mayor Kevin Freeman

# Councilmember Hafner's Resignation

The Chair recognized Councilmember Hafner's service on the Board and presented him a plaque. Board members shared sentiments of working with Councilmember Hafner.

### Board of Health (BOH) Committee

The Chair requested two additional members for the following BOH committees: Budget and Finance, Education and Communications, and the Policy. Board Member Baldwin volunteered and was appointed Budget and Finance committee chair. Councilmember Beggs volunteered to serve on the Budget and Finance committee. A Spokane Valley representative will be sought for the Budget and Finance committee once appointments have been made to the BOH. The Chair appointed Councilmember Hafner as a citizen advisory member to the Health Officer Selection Committee.

## **BOH Health Officer Selection Committee Update**

The Health Officer Selection committee met last week, reviewed the health officer and administrator position descriptions and discussed possible changes to the job descriptions. The Chair sought agency structure information from Kitsap, Snohomish, Tacoma-Pierce, and Clark Counties. The next committee meeting will be held May 5.

### **BOH Committee Descriptions**

The BOH committee descriptions were updated. Councilmember Waldref described the significant changes to BOH Policy committee description.

Councilmember Waldref made a motion to adopt the BOH committee descriptions as presented. Councilmember Hafner seconded the motion.

Motion: To approve the BOH committee descriptions as presented.

Motion/Second: Waldref/Hafner

**Approved: Unanimously** 

### **State Auditors**

The Chair held an audit entrance call with state auditors. Due to the expansion of the Opioid Treatment Program, the auditors will focus on methadone risk and control in the program.

# BOH Budget and Finance Committee Update - Board Member Baldwin

The committee held its first meeting and scheduled meetings for the remainder of the year.

# **BOH Education and Communication Committee**

The committee will move forward with work now that the BOH committee descriptions have been approved.

#### **HEALTH OFFICER REPORT**

## Influenza Update - Anna Halloran, Epidemiologist, Disease Prevention and Response

There have been 213 hospitalizations and five deaths in Spokane County related to influenza. This season, the prominent viruses have been half type A and half type B. The masking requirement for unvaccinated healthcare providers is still in effect. It will be dropped once influenza positivity rates have dropped in the emergency departments.

## Zika Virus Update

There has been no new activity this month. A total of 11 patients have been tested for the virus including eight pregnant women with two test results pending. The agency is receiving fewer calls from healthcare providers and the public about the virus. There is a backlog of testing at the CDC with wait times improving to an average of 3-4 weeks. In total in the U.S., there have been 426 positive cases including 36 pregnant women. There have been no reports of vector-borne cases in the U.S. and there are a handful of sexually transmitted cases.

## <u>Immunization Update</u>

There has been one pertussis and two varicella clusters in childcare facilities. The community could still improve immunization record updates in childcare facilities. In Spokane County, only 41% of children 19-35 months are up to date with their immunizations—compared to 58% in the state.

To improve immunization rates, SRHD will be working with several large clinic systems to perform antigen specific reminder recalls and working with staff to reduce missed immunizations. SRHD will also work with vaccine manufacturers on educational campaigns for the public and continue to build partnerships with childcare centers.

Board Member Lutz thanked the agency and Epidemiologist, Mark Springer, for their assistance on a recent, suspected measles case.

# <u>Building Update – Torney Smith, Administrator</u>

The additional dosing window and additional counselor rooms in the Opioid Treatment Program have been completed. Tours of the newly remodeled areas are available upon request. Two areas previously rented by Spokane County have been vacated. A solid wall between the rented Spokane County offices and SRHD programs will be built. Both agency elevators will be remodeled this year with the public elevator renovation being completed first. Each elevator will take 8-12 weeks to be completed.

# Opioid Treatment Program (OTP) Client Increase

OTP has been given authorization to increase its client load from 700 to 1,000. The program is now at 750 clients with 150 on the waiting list due to lack of Medicaid funding availability. Spokane County is working to find ways to fund those clients. With the behavioral health transition, funding received directly from the state will be sent through the county, which will allow better funding opportunities.

## SRHD Years of Service Award Ceremony

Councilmember Hafner and Board Members Lutz and Baldwin were thanked for their attendance at the agency's Years of Service Award Ceremony.

### **CONSENT AGENDA**

Consists of items considered routine which are approved as a group. Any member of the Board may request to remove an item from the Consent Agenda to be considered separately.

Meeting Minutes: March 31, 2016 2015 Vouchers paid: March 1 -31, 2016

Voucher Numbers: #239305 - #239580 & EFT B&OFeb 2016 \$ 643,193.25

Payroll Warrants: #918085 - #918108 918531 - #918537

Advice Numbers: #DD33950 - #DD34142 726,213.76

Advice Numbers: #DD55950 - #DD54142 /26,215.76

Payroll Warrants: #919460 - #919482 Advice Numbers: #DD34143 - #DD34332 666,209.70

TOTAL 2,035,616.70

Motion: To approve the consent agenda including meeting minutes and vouchers as presented.

Motion/Second: Quinn/McLaughlin

**Approved: Unanimously** 

### **ACTION ITEMS**

Resolution #16-01 Adopting RCW 70.160 By Reference and Prohibiting Smoking Including Smoking of Tobacco, Flavored Tobacco Products and Marijuana, and Vaping of Any Substance in Public Places and Places of Employment in Spokane County, except as Authorized by Laws of 2016, 1st Spec. Sess., Ch. 38, Vapor Products and Providing for Enforcement Pursuant to RCW 70.160

The proposed resolution will prohibit the use of vaping devices in public places and places of employment. There is a significant amount of research that shows vapor contains heavy metals, ultra-fine particulates, toxic chemicals as well as cancer causing agents.

The vaping legislation signed by the Governor on April 19, places vaping devices under similar regulatory structure as tobacco products and includes safety measures with child-resistant packaging, and prohibits use in childcare facilities, schools and playgrounds. The state law will allow tasting and sampling in licensed retail outlets for vaping devices. There is debate about local health jurisdiction authority to place additional restrictions around tasting and sampling. SRHD is recommending the BOH wait to pass any regulation on the matter to determine if additional restrictions will be allowed.

Since the legislation passed, the proposed BOH resolution has been modified to reference the state law. Counsel has advised that the proposed regulation has not been changed enough to require another public hearing.

If the proposed regulation is passed, the Tobacco, Marijuana and Vaping Prevention program will provide: a mass mailing to the community with a focus on bars and restaurants; work to make updated signs available; work with childcare facilities and schools to comply with the law; and work with the media producing advertisements and press releases. The program will accept complaints online, by email, written letter, by referral and in person. Complaints will be responded to by phone or letter. There will be random inspections at establishments throughout the year. Violations include a \$100 fine and a re-inspection fee that increases in cost with each infraction. The program works with the agency attorney on establishments with continued violations. The Smoking in Public Places (SIPP) law allows for motion for injunctive relief to the Superior Court.

Program work on implementation of this regulation will be funded by the recent marijuana prevention state grant because vaping work overlaps with marijuana prevention efforts.

Board Member Baldwin made a motion to approve Resolution #16-01. Commissioner O'Quinn seconded the motion.

Councilmember Beggs noted he viewed the February BOH meeting and public hearing on the proposed resolution.

Motion: To approve Resolution #16-01 Adopting RCW 70.160 By Reference and Prohibiting Smoking Including Smoking of Tobacco, Flavored Tobacco Products and Marijuana, and Vaping of Any Substance in Public Places and Places of Employment in Spokane County, except as Authorized by Laws of 2016, 1<sup>st</sup> Spec. Sess., Ch. 38, Vapor Products and Providing for Enforcement Pursuant to RCW 70.160

Motion/Second: Baldwin/O'Quinn

**Approved: Unanimously** 

### **REPORTS**

Healthy Youth Survey - Linda Graham, Health Policy Specialist and Communications Manager

Councilmember Waldref noted the proposal was discussed by the BOH Policy committee and the committee recommended that the issue be presented to the BOH for consideration. Schools make a decision in June whether to participate in the Healthy Youth Survey; therefore, the recommendation is for BOH action in May at the latest.

Stacy Wenzl, Data Center Program Manager, shared that one of the best sources for data on the community's youth is the Washington State Healthy Youth Survey. All counties in Washington State participate in the survey with 220,000 kids responding to the survey in 2014. The data is available to the public at the county and state level with the permission of the school districts. The information is collected from grades six, eight, 10 and 12 every other year. The survey is anonymous and students have the option of not participating. Parents are notified two weeks in advance of the survey.

There are schools that decline participation in the survey. Schools that opt out of the survey or from specific modules of the survey result in large gaps in data about the community. In 2014, 44% of the 6<sup>th</sup> grade population did not participate. Between 20-30% of grades 8, 10 and 12 do not participate. Of all the schools that participated, only three used the sexual behaviors module.

Information from the survey is used to assist the community. As an example, Resolution 16-01 was informed in part with Healthy Youth Survey data. Grant funders will often require evaluation, metrics, and needs-assessment, which the survey's infrastructure provides resulting is less of a cost to the agency and community. Priority Spokane also utilizes the information to impact educational attainment, mental health, and homelessness. Currently, very few schools are participating and of those who do, very few participate in the optional sexuality questions. The Healthy Youth Survey is similar to the national survey called, "The Youth Risk Factor Behavioral System Surveillance" sponsored by the Centers for Disease Control (CDC) that is in all but three states.

Commissioner O'Quinn recommended SRHD staff meet with the school superintendents and present how the data is used and ask for participation prior to the BOH consideration of the resolution at the May meeting.

Some schools have decided to complete their own surveys, which are not available to other partners and doesn't provide benchmark comparisons. The agency has worked to gain access to the data the schools have with the completion of a data sharing agreement. The agency is working on proactive outreach to educate school boards, parents and those who influence school superintendents.

The proposal is encouraging schools to participate, use the optional modules that include the sexual behavior, abuse and orientation and also requests that school districts adopt policies that require schools to participate.

Board Member Baldwin made a motion to approve the resolution as presented noting approval of the resolution will not hinder work requested by Commissioner O'Quinn. Councilmember Beggs seconded the motion for discussion purposes.

Board Member Baldwin requested clarification of the process that staff will take regarding the resolution and who would be involved. Commissioner O'Quinn noted she preferred SRHD work with school superintendents to prevent the resolution being perceived as a means of enforcement. Commissioner McLaughlin recommended outreach prior to BOH approval.

Lyndia Wilson, Disease Prevention and Response Division Director, shared the program has been working with Educational Service District (ESD) since 1999 to implement the survey. ESD is the lead in implementing the survey in the schools and have staff that work with SRHD to encourage schools to participate.

Commissioner O'Quinn stated Mike Dunn, Superintendent of ESD, has responded that this matter will be placed on the superintendents' meeting agenda for May 19 at 11:30 a.m. if SRHD staff would like to meet.

Counsel stated the resolution was listed on the agenda as a report and not an action item and it is not advisable to take action on the item.

Board Member Baldwin withdrew his motion to approve Resolution #16-02. Councilmember Beggs made a motion to move the item to next month's meeting agenda. Commissioner O'Quinn seconded the motion.

Motion: To move Resolution #16-02 to the May 26 Board of Health meeting.

Motion/Second: Beggs/O'Quinn

**Approved: Unanimously** 

# <u>Community & Family Services Division Overview – Sheila Masteller, Division Director</u>

There are 35 expert staff in the division including program managers who are master's prepared. Division staff are well tenured. Recruitment and succession planning will be two challenges faced by the division. The agency will need to build the public health nurse force for the future.

The Nurse Family Partnership program is a national evidence-based program that provides home visiting services to pregnant first-time, low-income mothers and children through pregnancy up to 2-years-old. The goal is for a healthy birth outcome, successful achievement through developmental milestones for the child until age two, and self-sufficiency goals for mothers. The program is currently serving 111 families and will have capacity to serve 175 with a newly awarded grant. There is a 100% immunization rate for the children in the program.

Early Intervention Program (EIP) is a nurse driven program working with families in the child protective services (CPS) system. Nurses work to enhance the parenting skills of the parents and the health of the families. The complexity of issues increases yearly with the impacts of poverty more evident.

The Infant Toddler Network (ITN) program is working on a Universal Development Screening project funded with local dollars to train pediatric providers to perform routine developmental screening during the first three years of development. The goal is to identify children needing early intervention services. Spokane County has the fastest growing program with 22% increase since March of last year.

The Children with Special Health Care Needs program under ITN has an increased need for services not due to an increase in children being born with special health care needs, but due to the increase in complex needs of children.

The Oral Health program is focused on bridging the gap between the need for dental health and access to care. The program is designed for children, but is moving to identify the needs of adults.

The Weaving Bright Futures (WBF) focuses on building family resiliency related to children in the community who have had Adverse Childhood Experiences (ACES). The program teaches parents, schools and teachers how to build resiliency. A toolkit designed by the program has received national and international requests.

The Fostering Healthy Communities program under WBF teaches foster parents about childhood trauma and impacts to foster children. The program has a seen an increased demand for community education about ACES. The model for the WBF program will change due to funding. Nurses will be removed from schools and placement in childcare and workplace settings will be sought.

Neighborhoods Matter is working in three neighborhoods (East Central, Northeast, Airway Heights) to build community capacity based on needs identified by residents. There are ongoing requests from the community to address issues in other neighborhoods.

The division is working on quality improvement projects that address how to be efficient with decreasing resources and is working on an automated processes moving to an electronic health record.

### **BOARD MEMBER CHECK IN**

## NALBOH and Bloomsday - Board Member Lutz

Board Member Lutz thanked Councilmember Hafner for his mentorship and service on the BOH. Board Member Lutz distributed the National Association of Local Boards of Health (NALBOH) newsletter and encouraged participation in the upcoming Bloomsday event.

# Oral Health and ACES - Councilmember Beggs

Councilmember Beggs mentioned his passion for oral health, criminal justice reform, its impact on ACES and his excitement to work on the Board.

### CHAS Clinic in East Central Community – Councilmember Kinnear

Councilmember Kinnear stated the City of Spokane has been asked by Representative Riccelli to work on a grant for an East Central Community Health Association of Spokane (CHAS) clinic.

# Councilmember Hafner Resignation - Councilmember Waldref

Councilmember Waldref stated she was saddened to see Councilmember Hafner leave the City of Spokane Valley and that he has been a great leader on the Board.

# Marijuana Issues - Board Member Baldwin

Board Member Baldwin stated his interest in marijuana issues and requested staff and board members continue to share information now that Councilmember Snyder is no longer on the BOH. He is also encouraged about the work of the BOH Policy committee.

### **NEXT BOARD OF HEALTH MEETING**

The next Board of Health meeting is scheduled at 12:30 p.m. on May 26, 2016.

### **ADJOURNMENT**

APPROVED:

There being no further business before the Board the meeting was adjourned at 2:28 p.m.

Board Member Name and Title

Recording Secretary

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