

The regular meeting of the Spokane Regional Health District Board of Health held on Thursday, **May 28, 2015** was called to order by Councilmember Chuck Hafner, Chair, at 12:30 p.m. in room 140 of the Public Health Center, 1101 West College Avenue, Spokane, Washington.

### **PRESENT**

Councilmember Chuck Hafner, Chair  
Mayor Kevin Freeman, Vice Chair  
Councilmember Mike Fagan (departed at 1:42 p.m.)  
Councilmember Jon Snyder  
Councilmember Amber Waldref (arrived at 12:32 p.m.)  
Council Member Ed Pace (arrived at 12:40 p.m.)  
Board Member Keith Baldwin, MHA  
Board Member Susan Norwood, EdD, RN  
Board Member Bob Lutz, MD, MPH

### **ABSENT**

Commissioner Al French  
Commissioner Todd Mielke  
Commissioner Shelly O'Quinn

### **CITIZEN INPUT**

- Rose Marie Waldrem-Larsen, Green Acres, WA – Spoke on the hazards of fluoride, fluoride in vaccines, and the fluoride fallout on Spokane from the waste incinerator.
- Joan Mootry, Spokane County, WA – Spoke on the Hanford Education Action League (HEAL) she founded that was responsible for lifting secrecy surrounding Hanford Nuclear Reservation, the hazards of fluoride and warned the BOH to stop fluoridation efforts.
- Carolyn Pickett, Spokane County, WA -- Spoke on the Bilderberg Group and the book, *Symptoms of Autism*.

### **CHAIR REPORT** – Councilmember Chuck Hafner

Staff of Spokane Regional Health District (SRHD) were acknowledged and thanked for their hard work.

The BOH Temporary Food Event (TFE) Ad Hoc Committee will meet July 7.

BOH members were asked to review the BOH governance responsibilities.

### **HEALTH OFFICER REPORT** – Joel McCullough, MD, MPH, MS

#### Measles Update

There have been two laboratory confirmed measles cases in adults in Spokane County. Staff contacted over 300 people that were exposed or potentially exposed, determined their immunization status, made quarantine recommendations, and held clinics to determine immunities. PAML assisted SRHD efforts, which helped limit exposures in the area.

#### County Health Rankings

Spokane County is ranked 22 in health outcomes, which has been consistent to previous outcomes. Whitman County has been rated the healthiest county as related to health outcomes. Spokane County is ranked 15 in health factors. Whitman, Snohomish and Seattle-King Counties were all ranked higher. These rankings are used to mobilize communities to seek improvements in its health.

Community Family Services (CFS) Division Director Retirement

Elaine Conley, CFS Division Director, will retire the end of July. Her efforts in public health were acknowledged.

Councilmember Fagan asked if the measles strain and origination had been identified. Dr. McCullough stated the strain was identified as originating in Asian, but “case zero” in Spokane County has not been identified.

Councilmember Fagan questioned whether pneumonic or bubonic plague was of any concern in Washington State. Dr. McCullough stated it is something health officials should be concerned with, but there have been no recent cases in the state.

Councilmember Fagan questioned whether there should be concern with the live Anthrax shipping issue. Dr. McCullough answered there should be no exposure to the general public and the Centers for Disease Control (CDC) is investigating the shipping processes.

Councilmember Snyder asked for information regarding the Quality of Life Survey his household received. Dr. McCullough responded there will be three Quality of Life Survey mailings. There will be preliminary data next month with final data compiled by August. The survey is to determine what services are needed in Spokane County. Approximately 3,000 surveys have been returned.

**LEGISLATIVE UPDATE** – Linda Graham, Healthy Policy and Communications Manager

Today is the final day of the special session of the legislature. The session has focused on the budget, but efforts haven’t been productive and there will be a second special session. The state is making plans in case of a shutdown. Washington State Association of Local Public Health Officials (WSALPHO) and local health jurisdictions (LHJs) have been very active with legislators. Public health priorities have been narrowed to three.

1. E-cigarettes legislation, which has been broken into two bills – the regulatory structure and taxation. About 40% of taxation is hoped for public health prevention and outreach efforts.
2. Marijuana legislation with the request to the legislature to follow I-502 by providing revenue for public health for prevention efforts. Currently, this funding is not secure in the budget.
3. Coordinated Prevention Grants that are currently proposed for a cut of about half previous allocations. This funding comes to LHJs for solid waste management, inspections, complaints, compliance and education.

**CONSENT AGENDA**

Consists of items considered routine which are approved as a group. Any member of the board may request to remove an item from the Consent Agenda to be considered separately.

Meeting Minutes: April 30, 2015  
2015 Vouchers paid: April 1-30, 2015

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Voucher Numbers:	#236661 - #236902 & EFT B&OMar2015	\$ 983,332.08
Payroll Warrants:	#880913 - #880935 Advice Numbers: #DD29578 - #DD29760	657,692.12
Payroll Warrants:	#882508 - #882527 #883014 - #883021	
	Advice Numbers: #DD29761 - #DD29947	639,801.30
	<b>TOTAL</b>	<b>\$2,280,825.50</b>

**Motion:** *To approve the consent agenda including meeting minutes and vouchers as presented.*

**Motion/Second:** *Fagan/Norwood*

**Approved:** *Unanimously*

## **EXECUTIVE SESSION**

Michelle Fossum, SRHD Attorney, announced an executive session in Room 311 pursuant to RCW §42.30.110(1)(g) at 1:03 p.m. for 30 minutes.

Mishelle Fossum announced at 1:33pm the BOH would remain in Executive Session for an additional 15 minutes.

At 1:48 p.m., Ann Pitsnogle, Recording Secretary, announced the BOH would remain in Executive Session for an additional 10 minutes.

## **MEETING RECONVENED**

Councilmember Hafner reconvened the meeting at 1:58 p.m.

## **ACTION ITEMS**

### Health Officer Evaluation/Compensation – Councilmember Hafner

Mayor Freeman made a motion that the health officer be offered a 3 percent salary increase effective June 1, 2015. Board Member Norwood seconded the motion.

***Motion: To approve a 3 percent salary increase to the health officer effective June 1, 2015.***

***Motion/Second: Freeman/Norwood***

***Approved: Unanimously***

### Resolution #15-03 Authorizing a 2015 Budget Amendment – Mike Riley, Comptroller

The agency had its 2014 Audit Exit Conference today with no findings or management letter. The auditor praised the health district for its good financial condition.

There has been a \$764,000 increase in federal indirect funding. The increased funding has come from a 1422 grant to decrease diabetes, obesity and hypertension; a Department of Transportation grant for a walk, bike, bus program; a public health block grant towards healthy eating, active living program; and monies to enhance the SNAP-Ed program. There has been additional money in the ASPER program for the public health emergency program and an increase in WIC clients which will increase funding to that program. In addition, there was an authorization from Spokane County to increase the caseload in the Opioid Treatment Program (OTP) to 700 clients. Currently, the program has 619 clients and the fees are set for 645 clients.

SRHD requested \$600,000 from reserve funds that were scheduled for elevator repairs from last year's budget, but not expended.

Other line amount changes shown are for funding that have requirements to be coded as State of Washington funds instead of intergovernmental funding. There has also been an 8.11 increase in personnel, paid mostly by grant dollars.

Board Member Baldwin motioned to accept the resolution as presented. Councilmember Pace seconded the motion.

***Motion: To approve Resolution #15-03 Authorizing a 2015 Budget Amendment.***

***Motion/Second: Baldwin/Pace***

***Approved: Unanimously***

## **REPORTS**

### Community Health Workers: Extending the Reach – Donna Oliver, Program Manager for the Breast, Cervical, Colon Health Program (BCCHP) and SNAP-Ed program

SRHD has been partnering with the State Department of Health (SDOH) for three years to conduct Community Health Workers (CHW) training for a nine county region. The training is free, part web-based

and part in-person that addresses the essential components that most trainees need. The training is offered quarterly and has been taken by many community organizations and volunteers.

The SNAP-Ed program is working to implement a CHW model within several low-income housing locations in Spokane. SNAP-Ed is an extension of the SNAP (food stamps) program which educates the SNAP population on how to make healthy choices around healthy eating and active living. Residents from housing communities are recruited and trained as CHWs to assist the program with SNAP education.

The program ventures from the traditional "outsider" led education approach to that of residents being engaged and trained to share information and outreach to their own communities. This extends the reach beyond what has previously been a limit. The USDA, which funds SNAP-Ed, has expressed excitement about this innovative approach. Better Health Together (BHT) is also partnering on CHW efforts. Foundations for Healthy Generations, a non-profit organization from Seattle who is performing similar work with this model, has provided additional funds for this work.

Marion Lee, Healthy Program Specialist in the SNAP-Ed program, presented information on the CHW model. Her role is to recruit and train workers from a previously unreachable population. The strategy is to meet with the population, engage in conversations with them and gain trust with the community. These volunteers were trained through the DOH CHW training system.

The agency would like to request the recognition of the value of CHWs in their community and invite the BOH's input and participation in the process. The program would like to share more information and data on outcomes of work in the communities.

The SNAP-Ed program has used information learned from Neighborhoods Matter program to help implement the nutrition education component. East Central and Hillyard areas are two the SNAP-Ed program is working in, which Neighborhoods Matter had worked.

The Food Insecurity Nutrition Incentive (FINI) grant will provide additional funds that will allow the SNAP population to receive incentives if they purchase fruits and vegetables, complimenting these efforts. This statewide project partners with several entities, including Safeway and Farmers' Markets.

**BOARD MEMBER CHECK IN**

Safe and Sick Leave Work – Councilmember Waldref

Councilmember Waldref thanked Linda Graham, Health Policy Specialist at SRHD, for her work on committee that provided recommendations to the City of Spokane for earned safe and sick leave.

**NEXT BOARD OF HEALTH MEETING**

The next Board of Health meeting is scheduled at 12:30 p.m. on June 25, 2015.

**ADJOURNMENT**

There being no further business before the Board the meeting was adjourned at 2:38 p.m.

APPROVED: Charles E. Helmer, Chair  
Board Member Name and Title

Date: June 25, 2015

A. P. [Signature]  
Recording Secretary