

The regular meeting of the Spokane Regional Health District Board of Health held on Thursday, April 24, 2014 was called to order by Council Member Chuck Hafner, Chair, at 12:30 p.m. in room 140 of the Public Health Center, 1101 West College Avenue, Spokane, Washington.

PRESENT

Council Member Chuck Hafner, Chair
Council Member Amber Waldref, Vice Chair
Commissioner Shelly O'Quinn (arrived at 1:12 p.m.)
Council Member Mike Fagan (arrived at 12:40 p.m./departed at 1:55 p.m.)
Council Member Jon Snyder
Council Member Ed Pace
Mayor Kevin Freeman (arrived at 12:34 p.m.)
Keith Baldwin, MHA
Board Member Bob Lutz, MD, MPH
Board Member Susan Norwood, EdD, RN (departed at 2:31 p.m.)

ABSENT

Commissioner Al French
Commissioner Todd Mielke

CITIZEN INPUT

Ken Iblings, Spokane, WA, - Spoke on the high cost of permits for septic system installations and the hindrance to businesses and development it causes in the area. Council Member Hafner asked that the appropriate staff person respond to Mr. Iblings.

CHAIR REPORT – Council Member Chuck Hafner

Council Member Hafner introduced and welcomed the new small cities representative, Mayor Kevin Freeman, from the city of Millwood.

Commissioner Mielke is absent today due to the death of his father.

Mayor Trulove's service on the board was recognized. His service extended from February 2012 until April 2014. In lieu of a plaque, Mayor Trulove has elected to give a contribution to the Spokane Guilds' School.

Members who have not completed their health officer evaluation survey were asked to finish them.

Board of health meetings are broadcast on City Cable 5 on Tuesday's at 8 p.m. and Wednesdays at 10 a.m. the week following the meetings.

HEALTH OFFICER REPORT – Joel McCullough, MD, MPH, MS

State Department of Health (DOH) Audit

The auditors have been on site for 2 weeks and will remain for an additional 3-4 weeks. The audit entrance conference was held today and Board Member Baldwin attended. The audit report is expected in June.

Spokane County Health Rankings

The County Health Rankings is a collaboration of the Robert Wood Johnson Foundation (RWJF) and University of Wisconsin Institute for Population Health. Their report considers the health of communities

taking into account the social and economic factors and aspects of the physical environment. Many communities use the rankings as a measure to improve health.

Counties receive two overall summary scores. The first score is overall health of a county which is a combination of length and quality of life. The second score is based on overall health factors which are a combination of health behaviors, clinical care, social economic factors and physical environment.

Spokane County is rated 16 in Washington State in health factors and 22 in health outcomes. The scores have been consistent over the last 3 years. Spokane has higher smoking, sexually transmitted disease, violent crime, childhood poverty, and driving alone to work rates. A link to the report will be sent to the board.

SRHD's 23rd Annual Awards and Recognition Ceremony

The health district's 23rd Annual Awards and Recognition ceremony, which recognized employees' years of service, was held last Thursday. Staff appreciated Council Member Pace, Board Member Lutz, Council Member Hafner, Council Member Waldref, Council Member Fagan, and Board Member Baldwin's participation.

Legislative Update – Linda Graham

The Food and Drug Administration (FDA) released their proposal for regulations on new tobacco products. The proposed regulations will expand the definition of tobacco products to include e-cigarettes, hookahs, and nicotine gels. Regulations include smoking components and parts; such as, smoke filters, papers, flavoring, and cartridges. There is an option to exclude certain premium cigars and input is being sought on the option.

The FDA would be responsible for enforcement action on tainted products, reporting requirements for ingredient listings, prohibition on free samples, marketing review requirements, minimum age for purchase, health warnings and prohibitions on vending machines. The FDA is seeking input on e-cigarettes and whether regulations will be the same for cigarettes and if there is a difference in harm from the products. There will be a 70-day comment period with finalized regulations expected within at least one to two years after that, perhaps longer. Certain requirements will have an additional one to two years before going into effect.

Without federal regulation, control has been left to the states. The board of health issued an e-cigarette resolution in 2010 and several local governments have enacted ordinances which restrict sales to minors and minors in possession. In 2013, there was a state law passed which banned the sale of e-cigarettes to minors.

Snohomish and King Counties have included e-cigarette and hookah smoking under the smoking in public places prohibitions. There is an opportunity for the board to consider a similar ban in the future. It appears that the FDA is not planning on preempting any state or local efforts that are more restrictive than their regulations.

Drug Enforcement Agency (DEA) Controlled Substances Disposal – Linda Graham

The DEA is developing expanded regulations concerning the disposal of controlled substances. The trend for controlled substance misuse has declined slightly, but Washington State ranks in the top ten for misuse and death. The DEA will hold drug take-back days, and will also authorize manufacturers, distributors and retail pharmacies to collect with mail-back programs for a fee or free or offer special collection sites. The ruling is expected to be released soon.

Washington State has a prescription monitoring program where doctors and pharmacist can access subscription information to identify people who may be receiving too much medication. Guidelines have been developed for prescribing medications to prevent over prescribing.

Locally, the health district has been a member of an opioid task force working on the issues and providing education to providers. Once the regulations have been released, the health district will work with local pharmacies and others to become collector sites.

National Drug Take-Back Day is April 26 and the Spokane Valley Police Department will host an event from 10:00 a.m. – 2:00 p.m.

BOH Governance Committee Update – Linda Graham

The committee had its first meeting in March where the scope of work was agreed upon. The committee established some priorities which include: chair rotation, small cities representation and selection, and meeting room setup. Linda will construct a work plan for its next meeting.

Global Healthy Workplace Award – Torney Smith/Tiffany Turner

Spokane Regional Health District (SRHD) applied for the Global Healthy Workplace Award in March 2014. The application was completed by Kyle Unland, Cindy Thompson, Natalie Tauzin, Tiffany Turner, and Cindy Green and reviewed by the Living Well Committee. Kim Papich and Amy Jennings constructed the presentation slides. Tiffany Turner was selected to represent the agency at the event in Shanghai, China on April 9 and 10.

The award is based on the World Health Organization (WHO) Healthy Workplaces Model. That model addresses health and safety through leadership engagement, employee involvement, quality improvement, personal health resources, physical work environment, psychosocial work environment, and community involvement. More than 80 applications from 33 nations submitted award applications. SRHD was announced the winner in the small to medium agency division.

Tiffany Turner, Health Program Specialist, Disease Prevention and Response Division shared photos from the event. A survey of event participants asked the objectives for wellness programs. For the United States (U.S.), the number one reason for having wellness programs was to reduce health care costs. For other countries, it was to reduce productivity costs, reduce worksite safety issues, increase employee morale, and to recruit and retain qualified employees. Priorities among nations included working on physical activity, nutrition and stress issues. Other countries' priorities were workplace safety, vector borne diseases, and employees' personal safety.

The health district stood out among others due to policies and interventions, such as, the non-smoking campus and condition for hire, ergonomic assessments, standing workstation options, safety trainings, and the agency's model to make the healthy choice the easy choice with onsite physical activity opportunities, discounted gym memberships, onsite vaccinations and health screenings, and a healthy vending machine. Other agency standouts include: life balance as an agency priority with infants-in-the-workplace policies, breastfeeding rooms, telework options, flexible work schedules, and social events.

Council Member Hafner presented a plaque on the behalf of the board of health to Dr. McCullough for staff that contributed in the efforts of winning the award.

CONSENT AGENDA

Consists of items considered routine which are approved as a group. Any member of the board may request to remove an item from the Consent Agenda to be considered separately.

Meeting Minutes: March 27, 2014
2014 Vouchers paid: March 1-31, 2014

Voucher Numbers:	#233532 - #233770 and EFT B&OFEB14		
Payroll Warrants:	#836509- #836525		\$ 431,172.72
	#836528 - #836534	Advice Numbers: #DD24815 - #DD25002	631,000.05
Payroll Warrants:	#838262 - #838288	Advice Numbers: #DD25003 - #DD25190	607,466.76
		TOTAL	\$1,669,639.53

Motion: To approve the consent agenda including meeting minutes and vouchers as presented.

Motion/Second: Pace/Waldref

Approved: Unanimously

REPORTS

PulsePoint Smartphone Application – Fire Chief Bryan Collins

PulsePoint is an application that crowd sources those using smartphones to respond to a cardiac arrest event. It alerts CPR trained citizens that have opted into the program where to locate the nearest automated external defibrillator (AED) and where the victim is located. Currently, every AED in Spokane County is documented in the app. The application will notify responders within a ¼ mile of an event, but will only notify of events in public places. A survey for those who have responded is optional after activation and gives feedback and data for collection. The application is available at Apple Stores and Google Play.

The application is now used in over 500 communities across the country and in two different countries. It has almost 100,000 users and is being downloaded a couple hundred times a day. There have been over 2,000 cardiac arrest activations to date. Since the application has been launched in Spokane County, there hasn't been a cardiac arrest in a public place where the application could have been utilized.

Partnerships have been made with Visio Control, who manufactures defibrillators, for marketing and with the American Red Cross, American Heart Association, and Cleveland Clinic.

The application has won various awards and was presented to White House staff and the Brookings Institute. A clinical trial is being conducted with application in Toronto to look closely at outcomes and differences in survivability with the application. The Toronto study will also trial the application for use in private residences.

Spokane Valley Fire Department (SVFD) Railroad Safety Overview – Deputy Chief Andy Hale

Significant derailments in Canada and the U.S. have resulted in loss of life and brought heightened awareness of a need for emergency preparedness despite plans already in place.

Safety has improved in the last 30 years because the rail industry has a vested interest in preventing derailments and the government is a regulator of the transport of rail shipments. Since 1980, the number of incidents has decreased by 91%. The fire department relies on the U.S. Department of Transportation (DOT) because they govern the transport of hazardous materials and provide timely information, assure products are packaged in an appropriate manner, and provide enforcement.

The fire department is more concerned with derailments with a large number of cars with moderate to severe damage. Sometimes those derailments are beyond the department's capability to deal with immediately because of the magnitude of the event and the limit of resources available. Despite the low

speed of trains through Spokane, these derailments are the ones anticipated to occur due to human error or physical malfunctions.

The DOT has mandated a limitation of combustible liquid cars traveling together. Crude oil wasn't considered a highly combustible liquid, but it has been discovered that Bakken crude oil is more combustible than originally anticipated. It is currently transported in single-walled railcars originating in the North Dakota area passing through the Spokane area to refineries in the Puget Sound. The federal government and rail industry is currently working to increase the safety of the Bakken oil transport.

The rail industry will be required to be better prepared to respond to a moderate event in the community. BNSF currently draws emergency response resources from Pasco, Washington and/or Whitefish, Montana. There are contracts with private vendors that can assist, but it is still underprepared with resources.

Spokane County has a good emergency response system and is well prepared to respond to an event. The Spokane Valley Fire Department is willing to provide National Incident Management System (NIMS) presentations and training on its emergency response system if requested.

A tabletop exercise will be held May 19 with a scenario of a train derailment and chemical release. The purpose is to be better prepared and for multiple responding agencies to learn to work together more efficiently. There will be another exercise in 2015 coordinated through Spokane County and the Department of Emergency Management.

BOARD MEMBER CHECK IN

There was no board member check-ins.

NEXT BOARD OF HEALTH MEETING

The next Board of Health meeting is scheduled at 12:30 p.m. on May 29, 2014.

ADJOURNMENT

There being no further business before the Board the meeting was adjourned at 2:50 p.m.

APPROVED: Charles E. Hahn
Board Member Name and Title

Date: 5/29/14

Ann Rupp
Recording Secretary

